

## Mission Statement

A Volunteer-based organization that is dedicated to supporting all who are facing the end-of-life journey, and that is committed to educating the community on dying and grieving.

## Board of Directors

**Kathy McIntyre**

*President*

**Tammy Ritchie**

*Vice President*

**Brenda Harrison**

*Treasurer*

**Diana Carlisle**

*Secretary*

**Brant Darling**

**Steve Doherty**

**Manjit Johal**

**Tracy Logan**

**Alison Orth**

## Society Staff

**Amanda McNally**

*Executive Director*

**Emiko Angus**

*Communications and Fund Development Coordinator*

**Marnie Goldberg**

*Practicum Student*

**Trevor Josephson**

*Manager of Clinical Services, Registered Clinical Counsellor*

**Kristy MacKinnon**

*Coordinator of Volunteers*

**Eliezer Moreno**

*Counsellor*

**Amanda Myring**

*Registered Clinical Counsellor*

**Theresa Robson**

*Administrative Assistant*

**Jan Stadnyk**

*Director of Administration*

**William Xie**

*Financial Administrator*

## Thrift Store Staff

**Alannah Klassen**

*Thrift Store Manager*

**Lindsay Barck**

*Thrift Store Supervisor*

**Joan Hunter**

*Thrift Store Supervisor*

**Lynne Hutton**

*Thrift Store Supervisor (Contract)*

**Tracey McCormack**

*Intake Supervisor*

**Astrid Obersat**

*Thrift Store Supervisor*

**Cindy Rhodes**

*Thrift Store Supervisor*

## Executive Director's Message

*By Amanda McNally*



Dear Members, Donors, Clients, Volunteers & Friends,

Happy New Year, everyone. I hope that January 2023 finds you well. We have many exciting things to share with you for the upcoming year and

look forward to spending time with you.

The end of 2022 was a busy one for our Society. Our Thrift Store was hopping when Christmas came to the store following the Thanksgiving weekend and our 12 Days of Christmas sale was a big hit. We are grateful to the staff and volunteers who prepare and execute these plans for the store. The success of the store is thanks to everyone involved!

Our Supportive Care staff had a busy fall/early winter as well. We had our Dying to Learn More event in November, which was well attended and we had wonderful speakers covering the topics of wills and estates, travelling with a terminal illness, nutrition and a dramatic performance showing the journey from terminal diagnosis to hospice. Our next Dying to Learn More event will be in the Spring, so stay tuned for more details.

In December, we were thrilled to host and toast our exceptional volunteers for our first in person Volunteer Holiday Party since before the pandemic. The energy in the room was high and it seemed as though everyone was excited to be back together to enjoy a wonderful buffet meal, photobooth and live music.

I, unfortunately, missed the Volunteer Holiday Party as my father became ill suddenly and was given a terminal diagnosis which required me to fly back to Ottawa to spend time with him. I was truly disappointed not to be a part of the event and celebrate our incomparable volunteers. I am touched by the outpouring of support for my family and I during my absence. I am incredibly blessed to be a part of this organization and to be surrounded by so many compassionate people. Thank you for your support and understanding. My father passed away on December 22<sup>nd</sup> and I am grateful that I was by his side. I know I was better prepared to support him after the two and a half years I have worked with the Society and all that I have learned from our extremely talented staff and volunteers.

...continued on page 3

## Upcoming Programs & Events

### Thrift Store's 15th Anniversary Sale:

**February 13-18**

See page 6 of this newsletter for more info.

### Children's Grief Support Camp:

**February 24 & 25**

Ages 6-12. Children enjoy fun activities while sharing their thoughts and feelings with one another in a caring and supportive space.

Call our office at 604-531-7484 to register.

### Open House:

**Date TBD**

We will be hosting another Open House before Spring at our Supportive Care Centre. Please call 604-531-7484 for more info.

### Good Grief Teen Training Program:

**April 2023**

A unique 5-session program for grade 11 & 12 students that teaches them how to support a grieving friend, what to say and not to say, how to talk about difficult subjects, and more. Call 604-531-7484 to register and find out more info.

### Hike for Hospice

**Save the Date:**

**May 7th**

Keep an eye out for our Spring newsletter, which will have more info on this event!

# Finding Gratitude

By Amanda Myring, Registered Clinical Counsellor



The balancing act of grief and gratitude means searching for moments of beauty and peace in the midst of profound sorrow. Engaging with and investing in life, choosing gratitude when so much has been stolen, is a courageous choice.

Choice is usually viewed as an either-or proposition. However, choosing to find and express gratitude can and does live alongside the pain and sorrow of loss. As Megan Devine says, “Grief and gratitude exist side by side. They are companions, not opposites.” The richness of our complex human experience means multiple, conflicting emotions can be true at once.

One can recognize that there are choices that remain when it seems that all has been lost, when the first choice - the physical presence of the loved one, is no longer an option. The aspects of life that we treasure and appreciate the most are also the ones that make us vulnerable to grief. Living with gratitude can remind us to embrace and make meaning from this paradox, to recognize that two concepts which are in direct opposition to one another can be held at once.

The actor, Richard E. Grant shared that his wife Joan, while dying of cancer, encouraged him to find “a pocketful of happiness” in each day after she was gone. Simply put, she encouraged him to be present to and grateful for the small reminders that life is still worthwhile in the face of immeasurable loss. That gratitude and grief need not be viewed as diametrically opposed but as interconnected.

Gratitude for what was and what still is and devastation for what is no more live in tenuous coexistence. In the face of sorrow, one can find glimmers of peace, of beauty and of joy. These glimmers do not negate the loss but in fact may be enriched because of it.

## Children’s Grief Support Camp

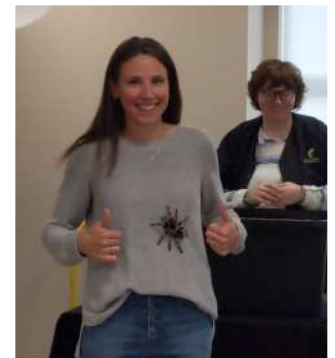
*“Grief isn’t just sadness, it’s a whole swirl of emotions”.* - Children’s Grief Support Camp Participant

On October 21-22, 2022, we hosted our 2-day Children’s Grief Support Camp where these grieving children found a new understanding and acceptance of their thoughts and feelings, were taught strategies to cope with their grief, and met new friends who were going through a similar experience.



The children participated in sharing circles, arts and crafts, themed activities and games, and more. They left with memories and coping skills that we hope will last a lifetime and they learned that, “we can still feel happy even when we’re sad”.

We also hired Urban Safari Rescue to attend the camp and in doing so, we became a proud sponsor of the Curly Hair Tarantula for 3 months! They brought a tarantula and other critters to our camp to encourage the kid’s curiosity about the animals and teach them about each species. This was definitely a highlight for all of the children!



## Executive Director's Message Continued...

December saw the return of our annual Celebrate a Life event at Semiahmoo Shopping Centre which is a tradition for many in our community. The Society also had the opportunity of being the charity of choice for the Gift Wrap this year. We could not have run either event without the dedication of our volunteers. They put in countless hours to ensure both were a success. Thank you to everyone who volunteered and donated.

We have a busy few months ahead as we look towards the Spring, including our Thrift Store's 15th Anniversary on February 13th. We look forward to celebrating this amazing milestone and hope you can join us for our Anniversary sale next month. You can find more details about the sale on page 6 of this newsletter.

We are also looking forward to our upcoming annual Hike for Hospice on Sunday, May 7<sup>th</sup>. We will have more information about this event in our next newsletter. I hope to see you at one of our upcoming events, trainings, or groups. Please take good care of yourselves and each other.

Best,  
Amanda McNally  
*Executive Director*

## Volunteer Holiday Party

We were so thrilled to host our Volunteer Holiday Party in-person this year - the first time since 2019! After their buffet dinner, our volunteers danced and sang the night away to live music provided by Dan Hare. They enjoyed our photobooth and all the giveaways we had!

Our volunteers are the heart of the Hospice Society, so this evening was a small token of our appreciation to show them our gratitude for the hard-work they put in all year round.

Thank you to our amazing Thrift Store and Society volunteers for your dedication to our organization. Your compassion, talent, and time does not go unnoticed!





# Celebrate a Life

Peace Arch Hospice Society

## Celebrate a Life 2022

We would like to thank all of our **Sponsors, Donors, and Volunteers** for making our 2022 Celebrate a Life event a success. All of the funds raised go towards our professional grief and palliative support programs, which are offered **free of charge** to our community. **We are here to help.**

We are truly thankful to the local **Artists** who contributed their time and talents to make and paint the beautiful, one of a kind, wooden and ceramic doves.

We are so very grateful to our many **Volunteers** who generously gave their time to represent the Society from December 1st - 23rd. Without you, the event could not go forward.

### Thank You!

604-531-7484  
peacearchhospice.org

Peace Arch Hospice Society  
...a special kind of caring

Thank You to our Sponsors:





### Celebrate a Life Stats:

- Number of Volunteers: **73**
- Number of Shifts: **136**
- Total Volunteer Hours: **370** (shifts, scheduling, setup/takedown) – does not include the countless hours of our volunteers and community artists spent hand painting and making the wood and ceramic doves.
- Number of Paper Doves hung on tree: **394**





## Gift Wrap by Donation



Peace Arch Hospice Society

# Gift Wrap by Donation

*Thank you for your support!*

Thank you so much to our community for making donations at our Gift Wrap station at Semiahmoo Shopping Centre this holiday season, and to our hard-working and talented volunteers who filled shifts from Nov 21 to Dec 24. This event wouldn't have been a success without their support!

All proceeds from this event help Peace Arch Hospice Society provide our professional grief and palliative programs and services, free of charge to the South Surrey and White Rock community. Thank you for helping make a difference in the lives of people who are grieving the death of a loved one or who are at the end of life themselves.



604-531-7484  
[peacearchhospice.org](http://peacearchhospice.org)

Peace Arch Hospice Society  
*...a special kind of caring*



### Gift Wrap Stats:

- Gifts Wrapped: **approx. 1800**
- Number of Volunteers: **106**
- Number of Shifts: **244**
- Total Volunteer Hours: **901** (shifts, setup/takedown, scheduling)



## Peace Arch Hospice Society Thrift Store

### Peace Arch Hospice Society Thrift Store

***On February 13th, we will  
be celebrating our  
15th Anniversary!***

***Join us in celebrating this  
milestone with a week-long  
coupon sale (50% off one  
item) from February 13-18.***

*Cannot be combined with any other discounts.  
One coupon per family per day.*



#### **How can you receive a coupon to redeem during this sale?**

- Stop by the store between Feb. 6-11.
- Follow us on Instagram and Facebook where we will be posting about the sale.
- Look out for an ad in the Peace Arch News.

15562 – 24 Avenue  
Surrey, BC V4A 2J5  
604-538-7600

  @pahospicesocietythriftstore



#### **Store Hours**

Mon to Sat: 10am-4pm  
Sun: Closed

#### **Donation Hours**

Mon to Sat: 10am-3pm  
Sun: Closed

#### **Follow Us!**

 **Facebook:**  
Peace Arch Hospice Society Thrift Store

 **Instagram:**  
@pahospicesocietythriftstore

#### ***Thank you for your support!***

All funds raised at our Thrift Store go towards helping our organization provide much-needed professional grief and palliative support programs and services, free of charge, to our community.

#### ***Looking for a fun place to volunteer?***

Call **604-538-7600** or email **thriftstore@pahospicesociety.org** for more information about joining our Thrift Store team of volunteers!



# Peace Arch Hospice Society Thrift Store

## *The Thrift Store Through the Years....*



*Then*



*Now*



*Expansion re-opening sale in 2016*



*Rotary building our changerooms*

## ***Did you know? In the last fiscal year...***

- *The Thrift Store provided 64% of the Society's Operating Revenue.*
- *153 volunteers contributed 23,016 hours at the Store.*



# Volunteer Spotlight

*Liz Brear*



My name is Liz Brear and I have been a volunteer with Peace Arch Hospice Society for 20 years. My husband and I moved to White Rock in 2002. We knew nobody here. For the previous 10 years we had been living in Vancouver. My husband was sick from time to time and had spent many weeks in and out of hospital.

I had always volunteered for a few hours a week wherever we had lived, even before all my children left home, so a couple of months after coming to live in White Rock I gave Peace Arch Hospice Society a call. My background was nursing and even when I was growing up in England I had been interested in hospice care. Also the Peace Arch Hospice Society office was only a block away from where we lived. I was not far if my husband needed me. I called hospice and went to meet the Coordinator of Volunteers and joined the Hospice family.

When I started volunteering with the Hospice Society I thought it was all about giving, I never realized how much I would receive. I have benefited in so many ways. I have grown from being a rather shy, quiet housewife into the cheerful, happy and the more confident person that I am today. The initial basic training, which is taken by all new volunteers is excellent. Even if someone decides that hospice volunteering is not for them, they will have discovered a great deal about themselves, about listening, about empathy, about sharing in the sadness, worries and joys of others. I have met so many wonderful people through Hospice. We share so much fun and happiness and a few tears. We work as a team. Although we may work in many different areas, we are all working together for the benefit and comfort of the White Rock/ South Surrey area.

## Turtle Cookie Cups Recipe

### Ingredients:

1 cup butter, softened  
1 cup packed brown sugar  
1/2 cup sugar  
2 large eggs, room temp  
1 teaspoon vanilla extract  
2-1/2 cups all-purpose flour  
1 teaspoon baking soda  
1/2 teaspoon salt  
1-1/4 cups semisweet chocolate chips,  
divided  
1/2 cup chopped pecans  
1 cup Kraft caramel bits  
3 tablespoons heavy whipping cream  
48 pecan halves



### Directions:

1. Preheat oven to 375°. In a large bowl, cream butter and sugars until light and fluffy, 5-7 minutes. Beat in eggs and vanilla. In another bowl, whisk flour, baking soda and salt; gradually beat into creamed mixture.
2. Shape dough into 1-in. balls; place in greased mini-muffin cups. Press evenly onto bottoms and up the sides of cups. Bake 9-11 minutes or until edges are golden brown. With the back of measuring teaspoon, make an indentation in each cup. Immediately sprinkle with 3/4 cup chocolate chips and chopped pecans. Cool in pans 10 minutes. Remove to wire racks to cool.
3. Meanwhile, in a small saucepan, melt caramel bits with cream; stir until smooth. Spoon into cups. Top each with a pecan half. In a microwave, melt remaining chocolate chips; stir until smooth. Drizzle over pecans.



## Did You Know?



*Our Dying to Learn More: Empowered Aging educational event in November.*



*Our volunteers, Gordon & Joyce on the first day of our 9-week Mindfulness Meditation program.*

### ***From September to December 2022:***

- Our Counsellors saw **165** Clients of which **88** were new.
- Our Counsellors held **464** individual counselling sessions.
- **99** Clients attended our Group Programs.
- Our organization served **895** individuals through Community Education & Outreach opportunities.
- Our Supportive Care Centre answered **1,679** phone calls during office hours.

***\*\*Please note that this is only a partial list of our programs & services.***



*The snacks we put out for the teens in our Good Grief Teen Training Program in November.*

## In Memoriam

*Peace Arch Hospice Society recognizes the loss of the following people and is grateful for the contributions that were made in their memory. September 1 - December 31, 2022.*

- |                     |                             |                           |                           |
|---------------------|-----------------------------|---------------------------|---------------------------|
| • Mitchell Andersen | • Glenn Emberly             | • Dianne Majer            | • Don Rathborne           |
| • Sandro Colasacco  | • Paul Gronert              | • Mary Maydanyk           | • Lilly Roeske            |
| • Kevin Cunningham  | • Patricia & Chester Hansen | • Nicholas McLaren        | • Diane Shaw              |
| • Carmelo De Seta   | • Susan Harrison            | • Gillian Mott            | • Phyllis W. Shirley      |
| • Mel Dick          | • William (Bill) Hewson     | • Gerald Newton           | • James Shumka            |
| • Maria Docolas     | • Adrienne Keys             | • Cindy Olynyk            | • James William Stevenson |
| • Jean Douglas      | • Lisa Kouroupis            | • Franklin Raghoobarsingh | • Jim Stevenson           |
| • Leslie Ellery     | • Jeanne Magson             | • Riyad Rasheed           | • Rudy Stork              |
|                     |                             |                           | • William Wilder          |

***Always loved, forever missed, never forgotten.***

# Special Thanks to our Legacy Circle & Hearts for Hospice Supporters

## *A special thank you to our Legacy Circle:*

- Nigel Argent
- Scott Baldwin
- Dorothy Blandford
- Ron Bowman
- Doreen Bruce
- Barbara Carmichael
- Jackie Crux
- Marilyn Desmarais
- Robert Flowers
- Gordon Hogg
- Candy Ogden
- Tammy Ritchie
- Jean Walker

Our Legacy Circle is a group of special supporters who have left Peace Arch Hospice Society in their will. To notify us about a gift in your will to our organization or if you have any questions about our Legacy Circle, please contact Amanda McNally at **604-531-7484 ext. 106** or visit [www.peacearchhospice.org/legacy-circle](http://www.peacearchhospice.org/legacy-circle).

## *A special thank you to our Hearts for Hospice Monthly Donors:*

- Terri Baker
- Leslie & Sheelagh Bennett
- Dorothy Blandford
- Liz Brear
- Doreen Bruce
- Ronald Budworth
- Diana Carlisle
- Barbara Carmichael
- Dave Chesney
- Jackie Crux
- Jean Dutton
- Lorne Ebenal
- Bonita Findlay
- Stanley Fryer
- Brenda Harrison
- Eleanor Holton
- Teresa Hotell
- Brian Hoven
- Joan Hunter
- Ketty Jensen
- Paulette & Robert Keith
- Beth Kish
- Deirdre Lane
- Fausta Magee
- Kathy McIntyre
- Susan McLellan
- Amanda McNally
- Marjorie Mooney
- Joyce Poley
- Joanne Post
- Marge Ramos
- Erica Ritchie
- Tammy Ritchie
- Randall Shaw
- Karel Vanturennot
- Tamara Veitch
- David Webb

For more information about **Hearts for Hospice** and our **Legacy Circle**, visit [www.peacearchhospice.org/ways-to-donate](http://www.peacearchhospice.org/ways-to-donate)

## Thank You to our Donors

*We would like to thank the following **individuals, organizations, companies, and foundations** who have generously made donations from September 1, 2022 - December 31, 2022 to help support people in our community as they face terminal illness or bereavement. **Together we can make a difference.***

- Laura Abbott
- Marcy Adams
- Anna Akhmerova
- Caroline Alvarado
- Amica White Rock
- Ronald Amos
- Martha Andersen
- The Angel Cross Fdn.
- Andrada Anghel
- Andrew Angus
- Craig Angus
- Emiko Angus
- Tyler Angus
- Kim Ayotte
- Terri Baker
- Sheena Ball
- Wendy Ballantyne
- Barry Baniulis
- Patricia Barnes
- BC Liquor Store (Semiahmoo)
- Loree Belland
- Jane Bellringer
- Leslie & Sheelagh Bennett
- Tracy Bernardi
- Fran Blackwood
- Dorothy Blandford
- James Bloye
- Blue Frog Studios
- Estelle Bogoch
- Annie Books
- Margaret Boucher
- Lise Boughen
- David Boyd
- Caroline Brear
- Elizabeth Brear
- Lisa Brear
- Peter Brear
- Brella Community Services Society
- Georgia Briggs
- Edward Brignall
- Shawna Brotherston
- Alix Brown
- Lynda Brown
- Doreen Bruce
- Marilyn Bryson
- Buchanan Printing
- Ronald Budworth
- Deanne Buss
- Butterley Family Fdn.
- Darlene Byng-Hall
- Duncan Cameron
- Helene Cameron
- Honora Cameron
- Ted Cameron
- Theresa Campbell
- Diana Carlisle
- Barbara Carmichael
- Caroline Cavers
- Holly Chapman
- Wendy Chapman
- David Chesney
- Elaine Cheung
- Mike Christensen
- Nancy Christy
- Janis Clark
- Linda Clark-Jones

For secure, online donations visit [www.peacearchhospice.org/donate-online](http://www.peacearchhospice.org/donate-online)



## Thank You to our Donors

We would like to thank the following **individuals, organizations, companies, and foundations** who have generously made donations from September 1, 2022 - December 31, 2022 to help support people in our community as they face terminal illness or bereavement. **Together we can make a difference.**

- Linda Colasacco
- Janet Coleman
- Comfort Keepers
- Estate of Doris Copp
- James Cornish
- Traci Costa
- Dagmar Cox
- Jeri Cox
- Stephen Crozier
- Jacqueline (Jackie) Crux
- Robert Cuddy
- Margaret Curiston
- Calla Currie
- Kellie Dale
- Marilyn Davidson
- Ross Davidson
- Miki Dawson
- Philip De Leeuw
- Jayne De Seta
- Audrey Dean
- Heather Dennedy
- Dominic Denofrio
- Marilyn Desmarais
- Joan Dewinetz
- Ranj Dhanda
- Garry Doan
- Georgia Docolas
- Steven Doherty
- Helen Dolmat
- Kim Dorval
- Dr. S N Mohamed Inc.
- Jean Dutton
- Lorne Ebenal
- Robyn Ebert
- Mark Ellery
- Margot Emberly
- Silvia Fassler
- Kenneth Fedysen
- Andrea Feldman
- Bonita Findlay
- John Flynn
- John Fortin
- Joan Friar
- Stanley Fryer
- Geoffrey Funke
- Zara Gamage
- Clinton Gamble
- Geoff and Jolene Funke Foundation
- Beryl Gibbings
- Jackie Gibbon
- Lois Gibbons
- Ken Giffen
- Ralph Godlinski
- Elaine Godwin
- Good Systems Mechanical Ltd.
- Robert Gouroff
- Jacqueline Gray
- Nancy Grey
- Sheila Grierson-Reid
- Dena Grieve
- Jane Griffin
- Linda Gronert
- Carolynne Groves
- Gryphon Graphics
- Catherine Guarasci
- Cathy Guarasci
- Elizabeth Guarino
- Marianne Hacquard
- Walter Haller
- Sarena Hansel
- Donna Hanson
- Janice Hanson
- Keith Hanson
- Brenda Harrison
- Maureen Harrison
- Teresa Harrop
- Katherine Harvey
- Marilyn Harvey
- Scott Heathe
- Mark Heide
- Catherine Hewson
- Kenneth Hewson
- Colin Hicks
- Deborah Hidber
- Alissa Hirsch
- Eleanor Holton
- Cathey Hoogerbrug
- Susan Horel
- Teresa Hotell
- Brent Hough
- Teresa Hough
- Brian Hoven
- Hugh & McKinnon Realty
- Joan Hunter
- Patricia Hunter
- Susan Hunter
- Heather Instance
- Lori Ishikawa
- Christine Jacobson
- Janet Jans
- Ketty Jensen
- Linda Jones
- Donald Kalyinka
- Rick Kearney
- Paulette Keith
- Beth Kish
- Ingrid Knight
- Manfred Koehler
- Jacobus Koning
- Linda Kouroupis
- Maria Kouroupis
- Lynn Koyzan
- Sandra Kraft
- Sadhana Kumar
- Sharon Kuntz
- Sandra Lacharite
- Dolores Lafleur
- Kathleen Lane
- Sandra Larose
- Jack Last
- Kerry Lathwell
- Laura's Coffee Corner
- Nicole Lawder
- Duane Lefebvre
- Andre L'Esperance
- Sarah Leyenaar
- Estate of Sharilyn Lindsay
- Nicole Lipton
- Pam Little
- Tracy Logan
- Wendy Lownsborough
- Michelle Lubberts
- Dennis Lypka
- Barbara MacCarthy
- Jane MacKinnon
- Kristy MacKinnon
- June MacLean
- Elaine MacPherson

thank  
you

For secure, online donations visit [www.peacearchhospice.org/donate-online](http://www.peacearchhospice.org/donate-online)

# Thank You to our Donors

We would like to thank the following **individuals, organizations, companies, and foundations** who have generously made donations from September 1, 2022 - December 31, 2022 to help support people in our community as they face terminal illness or bereavement. **Together we can make a difference.**

- Barbara Maguire
- G Al Majer
- Shipra Mangla
- Elizabeth Maniquet
- Frank Mansell
- Yvonne Manville
- Shelley Mare
- Elaine Marshall
- Nancy Martin
- Jill Martyniuk
- Claudia Maydanyk
- Richard McBryer
- Megan McCullagh
- Mark McDonald
- Kathy McIntyre
- Elena McKinnon
- Susan McLellan
- Hugh McMillan
- Amanda McNally
- Chris McNally
- Ivan McPhee
- June McPherson
- Donna Mercer
- Lesley Mercer
- Wendy Merwick
- Irene Michaluk
- The Military and Hospitalier Order of Saint Lazarus of Jerusalem in Canada
- Alison Miller Bruchet
- Karen Mitchell
- Marjorie Mooney
- Kathleen Moore
- Dorothy Moreno
- Heather Morrison
- Joan Morrison
- Todd Murdoch
- Fred Murray
- Steve Murray
- Brian Murtzell
- Jody Nedelak
- Catherine Newell
- John Newell
- Betty Nicholson
- Nomad Gallery
- Anne Orr
- Kelly Osti
- Sylvia Palmer
- Michele Partridge
- Kathy Paterson
- Jayne Pattison
- Anneleise Paulton
- Tara Pedersen
- Dolly Peter
- Susan Petterson
- Jill & Jim Phillips
- Lois Phillips
- Shirley Podovsky
- Joyce Poley
- Tammy Pollon
- Sylvie Portal
- Joanne Post
- Rick Post
- Sherryl Puchlik
- Olga Purdy
- Diane Quan
- Sorana Rada
- Helen Rae
- Margaret Ramos
- Dorothy Randall
- Abdul Rasheed
- Susan Rathborne
- Lise Renaud
- Retirement Concepts
- Sandy Rhyason
- William Ridge
- Erica Ritchie
- Tamra Jaye Ritchie
- Roslyn Ritchie-Derrien
- Gail Robertson
- Pam Robertson
- Ingrid Roeske
- Lyle Rosenau
- James Rowe
- Deborah Rumley
- Mary Lou Rust
- Ken Rutledge
- Robert Saunders
- Bonita Schoenberger
- Robert Schofield
- Joseph Schuler
- Corrin Scialdone
- Jacqueline Scott
- Maritta Seiler
- Randall Shaw
- George Siemens
- Jim Sigouin
- Jaspreet Singh
- Linda Slater
- Helen Smith
- SOMA MD
- Ian Spence
- Linda Stamm
- Liv Standal
- Barry Steuck
- Barbara Stevenson
- Naomi Stewart
- Sherrie Stockley
- Violet Stork
- Karen Tan
- Susan Tan
- Elizabeth Taylor
- Ann Thiessen
- Darcie Tomnuk
- Laurie Triggs
- Elusiv Tyee
- Elizabeth Uddenberg
- Randell Unger
- Tracey Valente
- Valerie van Veen
- Gregory Vanstone
- Karel Vanturenout
- Brenda Varhaug
- Delle Vaughan
- Tamara Veitch
- Victory Memorial Park Funeral Centre
- Richard von Hehn
- Jean Walker
- Florence Wall
- Gordon Wallace
- Margaret Watson
- Megan Way
- David Webb
- Barbara Webster
- Werner & Helga Hoing Foundation
- Manna Wescott
- Judith White
- White Rock/Surrey ULock Mini Storage
- Deirdre Diana Jill Wilchek
- Miles Willetts
- Suzette Willetts
- Eunice Williams
- Patrick Williams
- Kent Williamson
- Christine Wilson
- Elizabeth Winkler
- Louise Witt
- Brenda Worden
- Gary Worters
- Therese Wright
- Aimee Wu
- Millie Yano
- Donald Yates
- Stephen Yeates
- Pat Yorke
- Sweelian Young
- Dinah Zimmerman



Peace Arch Hospice Society

## Create a lasting impact in our community.

Leave a gift  
in your will.



*"Good estate planning is not about the stuff you leave behind, it's about the legacy you leave behind. It is about the people in your life and how they will remember you, and the causes that were important to you and how you can continue to support them after you are gone."*

To learn more about leaving a gift in your will to Peace Arch Hospice Society, please call our Executive Director at 604-531-7484 or visit [www.peacearchhospice.org/legacy-circle](http://www.peacearchhospice.org/legacy-circle)

15435 - 16A Avenue  
Surrey, BC V4A 1T2



### Interested in Volunteering?

Whether volunteering directly with clients, helping out at the office, assisting at events, or volunteering at our Thrift Store, Peace Arch Hospice Society volunteers are at the heart of everything we do. Our volunteers provide an invaluable service to our community. Become a volunteer for our Society and discover a special kind of joy that comes from helping those in a time of need.

If you are interested in volunteering, please contact our Coordinator of Volunteers at **604-531-7484** or email [cov@pahospicesociety.org](mailto:cov@pahospicesociety.org).

Volunteers are the  
Heart of Hospice



Peace Arch Hospice Society...a special kind of caring

Winter 2023

15435—16A Avenue, South Surrey, BC V4A 1T2 Ph: 604-531-7484 [www.peacearchhospice.org](http://www.peacearchhospice.org)

Name (please print): \_\_\_\_\_

Street Address: \_\_\_\_\_

City/Prov: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Email Address: \_\_\_\_\_ Phone #: \_\_\_\_\_

Please accept my **one-time** donation of \$ \_\_\_\_\_ OR Please accept my **monthly** donation of \$ \_\_\_\_\_

I would like to receive my tax receipt via: ☐ Email ☐ Mail

For other communications like the quarterly newsletter, I would like to be contacted via: ☐ Email ☐ Mail

☐ YES, include additional \$20 to become a member/renew my membership of Peace Arch Hospice Society (valid Jan 1—Dec 31)

☐ My donation is in memory of \_\_\_\_\_

Please send notification of my memorial gift to (no \$ amount will be included in the acknowledgement)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/Prov: \_\_\_\_\_ Postal Code: \_\_\_\_\_

CHEQUE ☐ CASH ☐ VISA ☐ MASTERCARD ☐ #: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Expiry Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Card Validation Digits: \_\_\_\_\_

Name on card (please print): \_\_\_\_\_ Signature: \_\_\_\_\_

Registered Charitable #: 11929 7513 RR0001

Tax receipts will be issued for memberships/donations of \$20.00 or more.

For secure, online donations visit [www.peacearchhospice.org/donate-online](http://www.peacearchhospice.org/donate-online)