#### **Event Day Activities**

9:00am Registration, refreshments, music,

and more.

Bring your completed pledge forms

and collected monies.

**9:45am** Warm-up.

**10:00am** Hike Starts.

11:15am Pledge tally and award

Presentations.

Note: You must be in attendance to receive draw prizes. Hikers receive a Swag Bag at finish line (while quantities last). Refreshments available.

## **To Register**

Register on-line at www.whiterockhospice.org. Complete the pledge form and bring it along with your pledge monies on hike day, or drop it off at the office before April 30<sup>th</sup> for entry into a special early bird draw. Cash, cheques, Visa and Master-Card accepted. Please make cheques payable to 'White Rock South Surrey Hospice Society'.

Special thanks to our sponsors:











prospera





















### What is Hike for Hospice?

Hike for Hospice is a national, pledge-based, community event that takes place on the first Sunday in May to increase public awareness and raise funds in support of hospice programs and services. Each year White Rock South Surrey Hospice Society supports hundreds of individuals and families on the Semiahmoo Peninsula who are facing advanced illness, grief and end of life.

#### Why Hike?

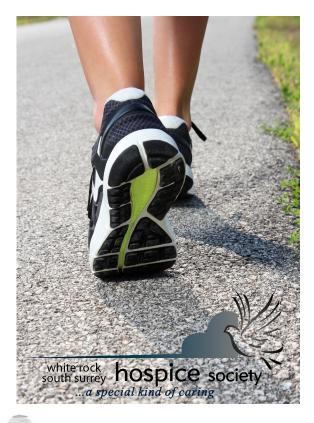
80% of Canadians say they want quality hospice palliative care at the end of their life, yet less than 15% have access to it.

Your fundraising dollars will go towards providing physical and emotional care to the terminally ill and ongoing bereavement support after the death of a loved one.

# There are four ways to participate:

- 1. Pay a registration fee of \$20.00 per person 18 or older. (17 and under are free)
- 2. **Set a pledge goal and start collecting pledges and monies**. Ask your friends, family, and co-workers to assist you in reaching your goal.
- 3. **Hike** as an individual or as a team and be eligible for category top pledge prizes.
- 4. **If you can't hike, make a donation** payable to White Rock South Surrey Hospice Society.

On behalf of all the families who benefit from hospice care, thank you for your support!





Sunday, May 7<sup>th</sup>, 2017 9:00am – 12:00pm

Please join us for the 1, 3, or 5km walk/run starting at Blackie Spit Park (3136 McBride Avenue) in Crescent Beach, South Surrey.

Register and pledge online at www.whiterockhospice.org or call 604-531-7484

# PLEDGE FORM

Registration: 9:00am Warm-up: 9:45am Hike Starts: 10:00am

Awards and Presentation: 11:15am





TEAM Name:		I/We are walking in memory of:				Office
Registration prepaid: No 🗆 Yes 🗀 If yes, paid online 🗆 or in office 🗆						Use
Participant's Name: Address/City/Prov/Postal Code:			Telephone	Pledge	Paid	Only ↓
Pledge Name	Address/City/Prov/Postal Code	Email	Telephone	Pledge	Paid	Receipt #
event sponsors, and White Fliability. I authorize the use	ization of the event, their agents, volunteers, the Rock South Surrey Hospice Society from any and all of photos showing my participation in the event."	No tax receipt in Cash	Tax receipts issued for pledges of \$20.00 or more.  No tax receipt issued for the \$20.00 Registration fee.  Cash\$			
•						
o.g		Visa/Masterca	rd	\$		

ALL PARTICIPANTS MUST SIGN (under 19 parent/guardian must sign)

Total Pledges-----