

Eternal Echoes

Perspectives on Life, Death
& Hospice Society Happenings.



2024 WINTER EDITION



21st ANNUAL

Peace Arch Hospice Society
...a special kind of caring

**Sunday, May 5th, 2024
9am to 12pm**

Blackie Spit Park, Crescent Beach

save the date!

604.531.7484 • peacearchhospice.org

Sponsorship opportunities are still available!

Contact Emiko emi@pahospicesociety.org.



Fundraisers Unite!

Our 21st Annual Hike for Hospice event kicks-off Sunday, May 5th at Blackie Spit Park, Crescent Beach from 9am-12pm.

Fun for the whole family (dogs too!), we take to the trail to raise money and awareness for our organization. Your support is so very appreciated as all proceeds help fund our grief and palliative programs we offer to our South Surrey/White Rock community, free of charge.



Save the Date!

Our Fall Dance Fundraiser has been booked to take place on September 14, 2024 at Hazelmere Golf and Tennis Club, this year.

An elegant dress-up gala, our theme will be revealed closer to the date so be sure to mark your calendar and prepare to totally twinkle!

Mission Statement

Peace Arch Hospice Society is dedicated to supporting everyone facing grief, and the end-of-life journey, or experiencing the loss of a person.

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Thrift Store Supervisor

Executive Director's Message

By Amanda McNally



As we welcome in 2024, I wanted to thank you for your support of our Society last year.

I wish you all the very best for the coming year and look forward to spending time with you throughout the year ahead.

We wrapped up 2023 with our Volunteer Holiday Party where we had a chance to host and toast our fabulous volunteers. The event was well attended with volunteers from both our Thrift Store and our Supportive Care Centre who were ready to celebrate. The venue, food, entertainment, and company was fabulous! Thank you all who attended.

Celebrate a Life took place once again at Semiahmoo Shopping Centre from December 1st to 23rd, an opportunity for those in our community to remember their loved ones. This event would not be possible without the dedication of our volunteers and our generous supporters. Thank you to everyone who volunteered and donated.

Please join me in welcoming our newest staff member, Danielle Perina, to our team. Danielle joined us in December as our Marketing Communications Coordinator, and we are thrilled to have her here. Be sure to say hi to Danielle next time you are in the office or at an event.

Our Thrift Store had an incredible finish to 2023. We are grateful for the strong staff team and commitment from our volunteers who make the store such a success and a fun place to work at and shop at.

January is already off to a jump start with many of our Support Groups up and running. We currently have eight groups underway – 9 Week Mindfulness Meditation, Weekly Drop In Mindfulness Meditation, Cooking Group, Yoga Group, Monthly Drop In Adult Grief Group, Six Week Adult Grief Group, Walking Group and our Men's Group.

In the coming months, we will be hosting our Level One Volunteer Training. Also, please mark your calendars for Sunday, May 5th for our Annual Hike for Hospice event.

Please take good care of yourselves and others. I look forward to seeing you all soon.

Best,
Amanda



We are here for you.

Call **604.531.7484** or visit
peacearchhospice.org for

more info about
our free, professional
grief and palliative
programs & services.



Grief Brain

By Eliezer Moreno



She was driving home in silence, unable to listen to any music since her sister died

last month. Lost in her thoughts, she looked around at the neighbourhood in front of her and realized she didn't recognize where she was. The GPS confirmed that she had driven past her street and was now ten minutes away. The other day, she was drinking tea when the phone rang with someone telling her she had missed her appointment and asked if she would like to reschedule. The question seemed simple, but she felt overwhelmed with the thought of having to make a decision at this time. Frustrated with herself, she could not understand why normal everyday tasks felt so difficult.

This story is familiar to many who are experiencing grief. After a loss, people sometimes describe symptoms of memory loss, poor concentration, and decreased brain function. Sometimes called Grief Brain, people describe feeling foggy, spaced out, forgetful, and dazed. Although difficult to experience, these temporary symptoms can be a normal part of grief.

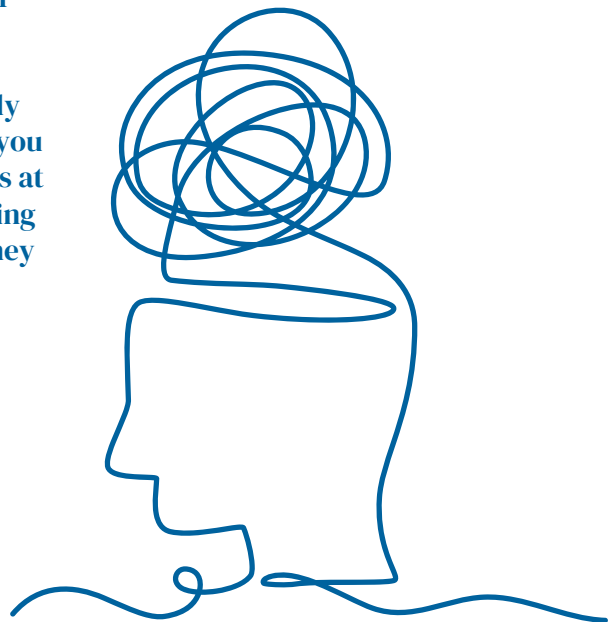
The brain is reacting to grief in the same way that it handles stress. The pre-frontal cortex, the area of the brain needed to plan and make decisions, becomes underactive. At the same time, the amygdala's emotional response is strengthened.

There are various ways to help yourself while experiencing Grief Brain. First, is to give yourself grace when things don't go as expected. You can also increase relaxing activities, decrease stressors, express thoughts and emotions verbally or in a journal, and connect with supportive people.

While Grief Brain can be very unsettling, even frightening, when it happens, it can be a normal part of bereavement. If you're grieving and find yourself experiencing a "momentary lapse of reason", rest assured that you're not alone and it will pass as the brain re-organizes itself.

"Grief is a heart-wrenchingly painful problem for the brain to solve, and grieving necessitates learning to live in the world with the absence of someone you love deeply, who is ingrained in your understanding of the world. This means that for the brain, your loved one is simultaneously gone and also everlasting, and you are walking through two worlds at the same time. You are navigating your life despite the fact that they have been stolen from you, a premise that makes no sense, and that is both confusing and upsetting."

*~Mary-Frances O'Connor,
The Grieving Brain: The Surprising
Science of How We Learn from
Love and Loss*



Programs & Services Update

November 1st, 2023 to January 31st, 2024

- Our Counsellors saw **141 Clients** of which **90 were new**.
- Our Counsellors held **289 individual counselling sessions**.
- **333 Clients** attended our Group Programs.
- Our organization **served 1063 individuals through Community Education & Outreach** opportunities.
- Our Supportive Care Centre **answered 1517 phone calls** during office hours.

Celebrate A Life Dove Ceremony

Fire has long occupied a sacred place in our world. Our Dove Ceremony is no exception. After our Celebrate a Life event, we carefully gather the paper doves from the tree and display them on our mantle at our Supportive Care Centre until it's time for our ceremony. We held our Dove Ceremony on November 23rd where each person gathered a handful of doves, sitting in silence as we reflected on them and who they represent. When ready, we approached the fire, entering that spiritual space, and gently placed the doves on top, pausing for a moment of silence as the flames carried the names away.



Peace Arch Hospice Society

Celebrate a Life 2023

We would like to thank all of our **Sponsors, Donors, and Volunteers** for making this year's **Celebrate a Life** event a success once again. All funds raised will be applied to our professional grief and palliative support programs offered **free of charge** to our community. **We are here to help.**

We are truly thankful to the local **Artists** who contributed their time and talents to craft and paint the beautiful one-of-a-kind wooden and ceramic doves.

We are grateful to our many **Volunteers** who generously gave of themselves to represent the Society from December 1st to 23rd. Your participation has been crucial to making this event a reality and we couldn't do it without you!

Thank You!

604-531-7484
peacearchhospice.org

Peace Arch Hospice Society
...a special kind of caring

Thank-You to our Sponsors:

**U-LOCK**
MINI STORAGE

Every Detail Remembered™ | **Dignity**
VICTORY MEMORIAL PARK FUNERAL CENTRE

**SEMIAHMOO**
SHOPPING CENTRE

**bp** **Buchanan**
Printing & Signs

Bronze Sponsor: White Rock/Surrey U-Lock Mini Storage

Community Sponsor: Victory Memorial Park Funeral Centre | Dignity Memorial

In-Kind Sponsors: Buchanan Printing and Semiahmoo Shopping Centre



Programs & Services Update

November 1st, 2023 to January 31st, 2024

Living with Grief During the Holidays Workshop

22 people attended our Living with Grief During the Holidays workshop on December 6th where Trevor, our Manager of Clinical Services, provided support and education on how to get through this difficult time.



Handprints of Hope Mural (Children's Grief Support Camps)

Recently, we hosted a dynamic on-site children's art project; a mobile 3-panel canvas mural planned and coordinated by our highschool volunteer Heidi and hand-painted by Parker and Aurelia, previous participants of our Children's Grief Camps.

"We were thinking something called 'Walls of Hope' or 'Handprints of Hope'. For us, this project is a way of trying to highlight the strength and positivity I see in children battling grief, and how they're able to cope with it in such an interesting and hopeful way."

Thank-you to Heidi for her thoughtful planning and to our mini Picassos for their meaningful, expressive and healing work of art!

We look forward to showcasing your stunning mural at future events hosted within the Supportive Care Centre and within our local community!



Programs & Services Update

November 1st, 2023 to January 31st, 2024

Cooking Together

Our Cooking Together program started up again January 4th and our in-house chefs have had a great time sharing, and preparing meals so far.

This program aims to offer comfort and community to those grieving the loss of a loved one. Learning to do life again after losing someone can be challenging to traverse by yourself. This program creates a safe space for participants to share their experiences and connect with others as they learn and execute some cooking-for-one recipes together through peer support.

Cooking can be a therapeutic outlet, offering structure, mindfulness, and self-care. It also fosters social connections and evokes positive memories.



Tuna Salad

INGREDIENTS:

- 28 oz (800 g) solid or flaked white tuna
- 2 stalks celery, chopped fine
- 1 cup mayonnaise
- ¼ cup minced red onion
- ¼ cup minced dill or sweet relish
- ¼ cup minced fresh parsley
- 3 tablespoons fresh lemon juice
- 1 clove of garlic, minced
- ½ teaspoon Dijon mustard
- Salt and pepper to taste
- Buns, English muffins or bread
- Grated Cheese or Havarti Cheese slices

INSTRUCTIONS:

Drain tuna and add to a mixing bowl. Add the rest of the ingredients and mix until well combined.

Prepare the bread for how you would like your Tuna Melt Sandwich.

(Eg: Skillet method – Butter each slice and place the buttered side down in a medium-heated skillet, add the cheese on the unbuttered side and add the tuna mixture on top.

Top with the other slice and heat for 2-3 minutes until cheese starts to melt then flip to the other side and cook until the sandwich is golden brown. You can broil or bake as well.)

Spice-it-up: add curry powder to the mix for an exotic tuna sammy.



Volunteers

November 1st, 2023 to January 31st, 2024



Level 2 Training

Level 2 Volunteer Training took place November 25th, 28th, and 30th of last year, and level-up, participants surely did!

In Level 2, our volunteers delve into Advanced Palliative & Bereavement support, exclusively available to those who have completed Level 1 and to those who have previous experience assisting hospice clients. This training emphasizes a deeper understanding and compassionate care for the bereaved. Congrats Level 2!

Holiday Party

On November 29th of last year, we celebrated our Annual Volunteer Holiday Party as a token of appreciation for our dedicated volunteers.

The event garnered fantastic feedback, with everyone reveling in the festivities. The catered food was top notch and the lively entertainment added to the merriment.

A heartfelt thank you to our incredible volunteers for their unwavering support, driving the success of PAHS in our community. We couldn't do what we do without you all!

We extend our deepest gratitude to our sponsors for their generous contributions;

- **Food:** Amica White Rock
- **Entertainment:** Team McKnight Real Estate
- **Photobooth:** Victory Memorial Park Funeral Centre – Dignity Memorial



Donor Stories



Grady Bateman

In December we had the pleasure of receiving a very special donation from a young man named Grady. An enterprising and budding philanthropist, Grady designed and crafted 123 pine wood art blocks which he sold at his Grade 7 entrepreneur fair at his elementary school. Kindly, he has donated 50% of his profits to the Society for a whopping contribution of \$400. WOW! Thanks so much Grady!!! What a talented and compassionate soul. Your support is so very appreciated and will go towards helping those in our community requiring grief or palliative support through our professional services. Thank-you so much for your wonderful and selfless contribution, Grady.

Jolene Funke

Our supporter, Jolene Funke stopped by to present us with a cheque this past December; her phenomenal donation of \$14,500!!! Jolene was one of the recipients of The ScotiaMcLeod Charitable Foundation's Share the Wealth Awards. Share the Wealth is a formal program that encourages and celebrates community engagement. Award recipients are chosen and then able to deliver cheques to the charities they have been active with. We are truly grateful for Jolene's dedication and support of the work we do! Thank-you, once again Jolene!



Donor Stories



Ross Leeder

A resounding thank-you to Ross Leeder for his generous donation of \$5000 made through our David Webb Direct Mail Campaign.

Ross' contribution has been matched to bring his total to a substantial \$10,000, courtesy of our former client and supporter David Webb who passed away some time ago in Melville Hospice Home, leaving us an ample financial gift with the purpose of encouraging others to double their impact when donating through David's campaign.

Ross mentioned that he felt compelled to help after reading David's story and learning that his donation would increase twofold. "It's a great organization and I want to do what I can to support."

"I want to help Peace Arch Hospice Society continue to provide great care to those who need it as much as I have. I encourage all of you to try and match the donation of \$25,000 that I have made, so the Society can continue the wonderful work they are doing. Together we can all show our appreciation of their services and help to make the world a better place."

~David Webb

Dave & Tammy Ritchie

We are honoured to announce that our Board of Directors Vice President, Tammy Ritchie and her father, Dave Ritchie won the AFP Giving Hearts Award in the Spirit of Generosity category.

A record breaking nine organizations, including ours, came together to nominate this father/daughter duo for their outstanding contributions throughout the province. Their compassion, kindness, and generosity is truly unmatched.

We are so grateful for Tammy's commitment to our Society as Vice President, for her hands-on approach, for always offering to volunteer at our events (with home baked cookies and decor in hand), for the many delicious pies she's made for us to auction off, and to her and Dave for their financial contributions over the years.

Please join us in congratulating Tammy and Dave Ritchie for this well-deserved award!



What's In-Store? Thrift Happenings

Happy Birthday!

February 13th marked 16 years since the Thrift Store was born. YAY! HAPPY SWEET SIXTEEN! To commemorate the occasion and show love and appreciation for our loyal customers, we threw a One-Day Anniversary Sale that staff and volunteers were hard at work tending.

The sale enticed many a shopper who were pleasantly surprised by the discount draw basket at the till where they selected anywhere from 10-50% off their purchases. The sale was a great success and fabulously coordinated thanks to our fantastic crew!

A huge thank-you to staff and our wonderful volunteers; you truly are the grease in the wheels that keep things operating so tickety-boo. Our store thrives because of YOU and because of you, we are able to help people in our South Surrey/White Rock community receive grief and palliative support, free of charge.

Another year older, we look forward to what our adolescent years have "in-store". It's a time for growth and discovery, the dawn of a new era with a lot of hope and excitement in the air. I have a feeling that whatever the future holds, it's not just going to be good, it's going to be better...and as always; A FUN PLACE TO SHOP!



Volunteers Needed!

We're looking for volunteers to help out behind the scenes at our Thrift Store in the receiving department to accept, sort, and price items.

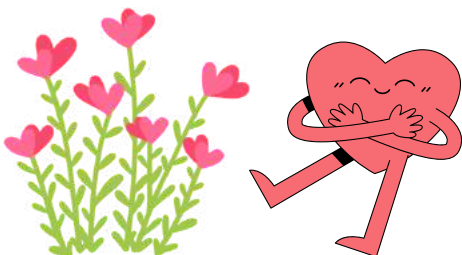
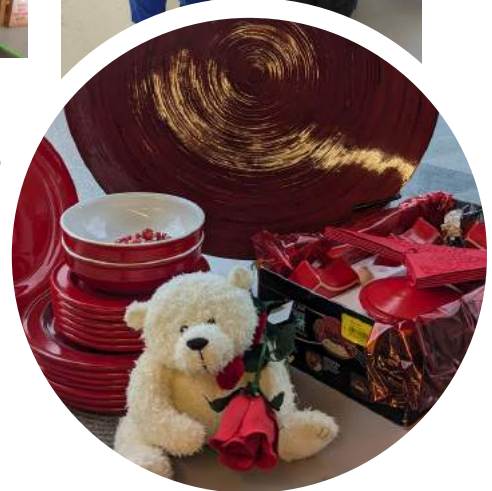
Why volunteer for us?
We asked our volunteers...

"To interact with the lovely staff, volunteers, and customers, and because it's fun!"

"It keeps me connected with the world today."

"I initially volunteered here because the Hospice Society was so good to my Mom during her illness and subsequent death. After which, my Dad and I got wonderful support and counselling as well. I stay because of the people and I still love to 'give back' 10 years later!"

Call **604-538-7600** or email thriftstore@pahospicesociety.org for more information on how to help.



Special Thanks to our Legacy Circle and Hearts for Hospice Supporters

November 1st, 2023 to January 31st, 2024

For more information about
Hearts for Hospice and our **Legacy Circle**,
visit peacearchhospice.org/ways-to-donate

A special thank-you to our Legacy Circle:

Nigel Argent
Scott Baldwin
Dorothy Blandford
Doreen Bruce
Barbara Carmichael
Jacqueline Crux
Marilyn Desmarais
Robert Flowers
Gordon J. Hogg
Sandra Knights
Tamra Jaye Ritchie
Jean Walker

A special thank-you to our Hearts for Hospice Monthly Donors:

Stanley Fryer	Lorne Ebenal	Amanda McNally
Brenda Harrison	Marcy Ekholm	Marjorie Mooney
Terri Baker	Bonita Findlay	Laura Moore-Dempsey
Leslie & Sheelagh Bennett	Eleanor Holton	Joyce Poley
Dorothy Blandford	Teresa Hotell	Joanne Post
Elizabeth Brear	Brian & Karen Hoven	Margaret Ramos
Doreen Bruce	Joan Hunter	Erica Ritchie
Kelly Butler	Paulette Keith	Tamra Jaye Ritchie
Diana Carlisle	Kathleen Lane	Randall Shaw
Barbara Carmichael	Fausta Magee	Stephanie Traylor
David Chesney	Gereth McCaskil	Karel Vanturenout
Jacqueline Crux	Kathy McIntyre	Tamara Veitch
Jean Dutton	Susan McLellan	

How to Contribute

Our Legacy Circle is a group of special supporters who have left Peace Arch Hospice Society in their will.

To notify us about a gift in your will to our organization or if you have any questions about our Legacy Circle, please contact;

Amanda McNally
604-531-7484 ext. 106 or visit
peacearchhospice.org/legacy-circle

Hearts for Hospice

Interested in Donating Monthly? Why? To pay it forward by providing reliable funding, to make a difference in our community, and because it's easy and convenient.

Your monthly donation, no matter the amount, will make a difference in the lives of your friends and neighbours in the South Surrey and White Rock community who are grieving or at the end of life, and in need of our support.

For more information about becoming a Hearts for Hospice Monthly donor, call **604-531-7484** or visit peacearchhospice.org/ways-to-donate

In Memoriam

Peace Arch Hospice Society recognizes the loss of the following people and is grateful for the contributions that were made in their memory.



Jane Baak
Arleigh Cashin
Eileen Choo
Sandro Colasacco
Gordon Dams
Carmelo De Seta
Leslie Ellery
Pat Gillis
William Hewson

Donald Karsenbarg
Elizabeth Koehler
Cecile Kudjerski
Robert Lewarne
Barbara Marr
Mary Maydanyk
Arnold Sandor Mikelson
Geraldine (Gerri) Moser

Patricia Murphy
Morris Prystie
Franklin Raghoobarsingh
Sandra Rarick
Don Rathborne
Devre Sharpe
Derek Traylor
Donald Wine

*"In the hearts of those who loved you,
you will always be there."*



Peace Arch Hospice Society
Leave a gift in your will.

*Create a lasting
impact in our
community.*



A Gift for the Future

When you include Peace Arch Hospice Society in your will, you leave a legacy that will help provide compassionate care and support to those who are dying or grieving the loss of a loved one for generations to come.

For more information please call our
Executive Director at 604-531-7484 or visit
www.peacearchhospice.org/legacy-circle

15435 - 16A Avenue
Surrey, BC V4A 1T2


Peace Arch Hospice Society
...a special kind of caring

Thank-you to Our Donors

November 1st, 2023 to January 31st, 2024

We would like to thank the following **individuals, organizations, companies, and foundations** who have generously made donations from November 1st 2023 – January 31st, 2024, to help support people in our community as they face terminal illness or bereavement. **Together we can make a difference.**

George Abbott
Helga Adam
Ronald Amos
Martha Andersen
Anglican Church Women of St. Marks
Emiko Angus
Teresa Ankenman
Gwen Ashdown
Karen Ashdown
Elizabeth Atkinson
Joseph Atkinson
Nigel Austin
Andries Baak
Terri Baker
Sheena Ball
Wendy Ballantyne
Barry Baniulis
Amy Bateman
Linda Bateman
BC Liquor Store (Peninsula Village)
BC Liquor Store (Semiahmoo)
Jeanette Beaulieu
Jane Bellringer
Leslie Bennett
Leslie & Sheelagh Bennett
Karen Best
Michael Bickerton
Dorothy Blandford
The Block Charitable Foundation
Lynne Blume
Estelle Bogoch
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Margaret Boucher
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Georgia Briggs

Francine Brisson
Coreen Brost
Doreen Bruce
Marilyn Bryson
Ranveig Burden
Kelly Butler
Barbara Carmichael
Stan Carter
Wendy Chapman
Brian Charleston
Yvonne Charrois
David Chesney
Janis Clark
Kathryn Clark
Gerda Clifford
Linda Colasacco
Janet Coleman
Mary Teresa Costello
Stephen Crozier
Jacqueline Crux
Graham Cuddy
Margaret Curiston
Norma Dacre
Dahlia Ridge Farm
Sharon Darlington
J. Das
Ross Davidson
Jayne De Seta
Marilyn Desmarais
Julie Dewinetz
Avneet Dhindsa
Costa Docolas
Georgia Docolas
Steven Doherty
Dr. S N Mohamed Inc.
Olga Duncan
Jean Dutton

Lorne Ebanal
Elkay Developments Ltd.
Mark Ellery
Mary Ellis
Alice & Enrico Endrizzi
Patricia Ezzy
Silvia Fassler
Emily Fast
Andrea Feldman
Patricia Fera-Estrada
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Joan Friar
Stanley Fryer
Zara Gamage
Sandra George
Janice Gerow
Sharon Gill
Elaine Godwin
Nancy Gray
Tom Greene
Helen Ann Gregoire
Sheila Grierson-Reid
Adrianna Griffin
Linda Gronert
Catherine Guarasci
Arlene Guarino
Susan Gubbe
Michelle Haidar
Robin Hancock
Keith Hanson
Marsha Harling
Ron Harman
Winifred Harris
Brenda Harrison
Teresa Harrop
Melinda Hart



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James Hartt
Katherine Harvey
Marilyn Harvey
Fran Havinga
Jane Hayes
Catherine Hewson
Colin Hicks
Diane Hill
E. Marilyn Holfeld
Vincent Holmes
Eleanor Holton
Cathey Hoogerbrug
Alan Hotell
Teresa Hotell
Brent Hough
Teresa Hough
Brian & Karen Hoven
Joan Hunter
Mary Hunter
Blake Iverson
Jo-Anne Jacobs
Andrew Janzen
Howard Jensen
Manjit Johal
Diane Johnson
Linda Jones
Patricia Jones
Joanne Karlsen
Paulette Keith
Doug Kester
Rolf Kinskofe
Pamela Kinvig
Ingrid Knight
Manfred Koehler
Jutta Koloska
Jacobus Koning
Tom Koretschuk

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Petina Kostiuk
Lynn Koyzan
Mary Lou Kozesky-Rust
Sharon Kuntz
Susan Lachance
Kathleen Lane
Lynne Lazzara
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Ross Leeder
Aileen Lew
Margaret Lewarne
Barbara Linn
Nicole Lipton
Pam Little
Tracy Logan
Debra Losito
Wendy Lownsborough
Charlotte Lucas
Adelaida Luna
Angela Lung
Rose Lussier
Kyung-Hee Lynn
Dennis Lypka
June MacLean
Barbara MacPhee
Elaine MacPherson
Fausta Magee
Cameron Magnus
Shipra Mangla
Elizabeth Maniquet
Chris Mansfield
Elaine Marshall
Nancy Martin
Marianela Martinez
Hilary Mathews
Claudia Maydanyk

Kathleen McAuliffe
Gereth McCaskill
Anne McClelland
Mark McDonald
Helen McFadden
Kathy McIntyre
McLeary's Canadian Made
Furniture & Mattresses
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Amanda McNally
Charlotte McNeil
Therese Meek
Patricia Mencke
Patricia Metken-Wiseman
Henny Molholdt
Cheri Monteith
Marjorie Mooney
Kathleen Moore
Laura Moore-Dempsey
Grace Morin
Stephen Morris
Joan Morrison
Mark Moser
Sandra Moskalyk
Patricia Mulvaney
Steve Murray
Brian Murtsell
Abdel Naroith
Lawrence Nelson
Kim Neufeld
John M. Newell
Nancy Newton
Betty Nicholson
Jacqueline Nick
Eric O'Dell
David Ohlsson



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Anne Orr
Alison Orth
Merril Osers
Zenaïda Paez
Sylvia Palmer
Joyce Parker
Anna Paton
Alfred Pavilionis
Patricia Payne
Susan Petterson
Victoria Pewtress
Jill Phillips
Lois Phillips
Barbara Pinkiewicz
Nikki Pohynayko
Joyce Poley
Niki Polychronis
Joanne Post
Denise Pritchard
Sherryl Puchlik
Mary Pushie
Diane Quan
Sorana Rada
Margaret Ramos
Dorothy Randall
Susan Rathborne
Alvera Redekopp
Kevin Reid
Lise Renaud
Sandra Rhyason
Barbara Richards
Debra Riopel
Erica Ritchie
Tamra Jaye Ritchie
Andy Rosengarten
Peace Arch Rotary Club of White Rock
Simone Rousseau

Deborah Rumley
Dorothee Schenk
Bonita Schoenberger
The ScotiaMcLeod Charitable
Foundation (Jolene Funke)
Irene Scott
Jacqueline Scott
Maritta Seiler
Randall Shaw
Andrew Shutek
Carol Sicoli
George Siemens
Rosemary Simituk
Manpreet Singh
Colleen Siple
Linda Slater
Vivian Smith
Janice Smithaniuk
Ian Spence
Denise Springford
James J. St. Cyr
Pamela Stadnyk
Liv Standal
Patricia Stephen
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Team McKnight Real Estate
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Karel Vanturennot
Delle Vaughan
Tamara Veitch
Lorraine Venables
Eilene Verheul
Frans Verloop
Victory Memorial Park Funeral Centre
Richard von Hehn
Jean Walker
Florence Wall
Gordon Wallace
Paulene Waterman
Margaret Watson
Barbara Webster
Werner & Helga Hoing Foundation
James Whawell
Gordon White
White Rock/Surrey ULock Mini Storage
Deirdre Diana Jill Wilchek
Eunice Williams
Patti Wilson
Leland Woodson
Brenda Worden
Melinda Worfolk
Rhonda Woznikoski
Jerri Wright
Therese Wright
Antonieta Xavier
Mildred Yano
Pat Yorke
Dinah Zimmerman



Want to Make a Difference?

November 1st, 2023 to January 31st, 2024

For secure, online donations visit
peacearchhospice.org/donate-online

Volunteering

Whether volunteering directly with clients, helping out at the office, assisting at events, or volunteering at our Thrift Store, Peace Arch Hospice Society volunteers are at the heart of everything we do. Our volunteers provide an invaluable service to our community. Become a volunteer for our Society and discover a special kind of joy that comes from helping those in a time of need.

If you are interested in volunteering, please contact our Coordinator of Volunteers at **604-531-7484** or email cov@pahospicesociety.org.



Donating

Peace Arch Hospice Society...a special kind of caring

Winter 2024

15435—16A Avenue, South Surrey, BC V4A 1T2 Ph: 604-531-7484 www.peacearchhospice.org

Name (please print): _____

Street Address: _____

City/Prov: _____ Postal Code: _____

Email Address: _____ Phone #: _____

Please accept my **one-time** donation of \$ _____ OR Please accept my **monthly** donation of \$ _____

I would like to receive my tax receipt via: ☐ Email ☐ Mail

For other communications like the quarterly newsletter, I would like to be contacted via: ☐ Email ☐ Mail

☐ YES, include additional \$20 to become a member/renew my membership of Peace Arch Hospice Society (valid Jan 1—Dec 31)

☐ My donation is in memory of _____

Please send notification of my memorial gift to (no \$ amount will be included in the acknowledgement)

Name: _____

Address: _____

City/Prov: _____ Postal Code: _____

CHEQUE ☐ CASH ☐ VISA ☐ MASTERCARD ☐ #: _____/_____/_____/_____

Expiry Date: ____/____/____ Card Validation Digits: _____

Name on card (please print): _____ Signature: _____

Registered Charitable #: 11929 7513 RR0001

Tax receipts will be issued for memberships/donations of \$20.00 or more.

