

Mission Statement

A Volunteer-based organization that is dedicated to supporting all who are facing the end-of-life journey, and that is committed to educating the community on dying and grieving.

Board of Directors

Jayne Pattison

President

Dennis Lypka

Vice President

Brenda Harrison

Treasurer

Marjorie Mooney

Secretary

Diana Carlisle

Tracy Logan

Kathy McIntyre

Alison Orth

Tammy Ritchie

Harry White

Society Staff

Amanda McNally

Executive Director

Emiko Angus

Communications and Fund Development Coordinator

Trevor Josephson

Manager of Clinical Services, Registered Clinical Counsellor

Kristy MacKinnon

Coordinator of Volunteers

Amanda Myring

Registered Clinical Counsellor

Theresa Robson

Administrative Assistant

Jan Stadnyk

Director of Administration

William Xie

Financial Administrator

Thrift Store Staff

Alannah Klassen

Thrift Store Manager

Lindsay Barck

Thrift Store Supervisor

Shauna Blundell

Thrift Store Supervisor

Joan Hunter

Thrift Store Supervisor

Lynne Hutton

Thrift Store Supervisor (Contract)

Tracey McCormack

Intake Supervisor

Astrid Obersat

Thrift Store Supervisor

Executive Director's Message

By Amanda McNally



Dear Members, Donors, Clients, Volunteers & Friends,

Spring is just around the corner, and as we have seen the lifting of many COVID-19 restrictions, our staff team and volunteers are buzzing with excitement as we begin to bring back

a number of programs, services, and events that were cancelled or held virtually due to the pandemic. I look forward to meeting many more of you in person in the days and weeks to come. I would love to sit down and have cup of tea or coffee and get to know our incredible supporters better. Please reach out to me either by phone or email and I'll be happy to find us a time to meet. We have also welcomed new staff members to our team and they too look forward to meeting all of you.

We are thrilled to say that our 19th Annual **Hike for Hospice** will be in person again this year on **Sunday, May 1st, 2022**. I look forward to seeing our participants, sponsors, donors, and supporters in person at Blackie Spit Park, Crescent Beach. To register, pledge & donate, visit our website at www.peacearchhospice.org/hike or call **604-531-7484**.

Not only will we be celebrating being able to come together for an in person event again, but this year also marks our **40th Anniversary** of serving the South Surrey and White Rock community. In honour of this milestone, *The Block Charitable Foundation & Geoff and Jolene Funke Foundation* will be matching all Hike for Hospice donations up to \$20,000.00. **Double your impact** for this year's Hike and help us reach our goal of \$40,000.00 in honour of our 40th Anniversary!

We are honoured to have been providing services to and being supported by our incredible community for the last 40 years. We are planning a number of ways to celebrate our 40th Anniversary and hope that you will all celebrate with us, the first being at our upcoming **Hike for Hospice**.

Along with our excitement of upcoming events and being able to come together in person again, we recognize that there is a lot of pain and extremely difficult situations here at home and throughout the world. We want to remind everyone that our grief and palliative services are here for you, when you need us. Please be kind to yourselves and others and take good care. I look forward to seeing you soon.

Sincerely,
Amanda McNally
Executive Director

Upcoming Events

Join us for
our 19th Annual
Hike for Hospice on
Sunday, May 1st, 2022!

*For more details, see page 3
of our newsletter.*

Sponsorship opportunities are still available for this event. We are looking for both monetary and in-kind sponsors (gift baskets and prizes for draws).

Please contact Emiko at
emi@pahospicesociety.org
or **604-531-7484**.



Good Grief Teen Training

March 30 - April 27

3:30pm-5:30pm

Supportive Care Centre

A unique 5-session program for grade 11 & 12 students where participants learn how to support a grieving friend, what to say and not to say, and how to talk about difficult subjects.

Pre-registration is required.
Call **604-531-7484** and ask
for **Trevor**.

Missed Goodbyes

By Amanda Myring, Registered Clinical Counsellor



When I reflect on my goodbyes, my last words do not come to me. The casual nature of a quick goodbye being just that. The closing of a door, the click of the telephone, an ending that occurred without warning. Words so insignificant they didn't register as important enough to hold on to. Such is the nature of human experience. When things are normal. When we don't know we are doing or saying something for the last time.

And yet, the missed opportunity, the changed plans, the intentions never realized, the words unsaid, leave us bereft. We sit in the absence of our loved one, tormented by the regret of missing the goodbye. The reality is we don't often receive the warning we expected, we believe we will have more time – we always did before.

We all live with the certainty of the eventual loss of people we love and care about; however, human nature inures us to this reality. We live with the belief of an assumed future until this assumptive world is shattered. Sometimes our losses are sudden, whereas others we have been anticipating for years. And yet, when the day comes – expected or unexpected, we find ourselves grieving the missed opportunities. No matter how much time we had with our loved one, we are left wanting more.

Our life is made of moments. Much of our lived experience recedes into our subconscious, inaccessible to us in the present day. We are left instead with a profound knowing – a feeling and understanding of what our relationships mean to us. These relationships mean so much more than just the last moment. The parting, whether expected or not, is not the summation of a relationship, it is a moment. It cannot erase or undo the lifetime of experiences leading up to it.

When we reflect on our losses, we don't always get the goodbye we imagined. It was never a goodbye that we wanted to say.



We Are Here For You

When you or a loved one are told the illness you have may end your life, come to Peace Arch Hospice Society for information, resources, and people who can ease the pain and stress. We offer emotional, practical, and educational support - inclusive of all cultures, faiths, and beliefs - to residents of South Surrey and White Rock who are facing terminal illness, grief, or end-of-life. All of our programs and services are **free of charge**.

If you or a loved one is in need of professional palliative or grief support, *we are here to help*. For more information, call **604-531-7484** or visit **www.peacearchhospice.org**.



"Thank you so much for your caring and compassion, making our last day with mom as good as it could be. You are all special people."

"I can't express enough my gratitude for how you've helped me after losing him. I remember how shattered I was, how I could barely breathe, let alone think coherently or act. Now I can actually look ahead and see possibilities."

Join us for our 19th Annual Hike for Hospice!

Peace Arch Hospice Society 19th Annual Hike for Hospice

Date: May 1st, 2022

Rain or Shine

Time: 9am-12pm

Hike starts at 10am

Venue: Blackie Spit Park

Crescent Beach

3136 McBride Ave

Cost: \$20/person

12 & under are free

Double your impact! Thanks to the Block Charitable Foundation & Geoff and Jolene Funke Foundation, all Hike for Hospice donations will be matched up to \$20,000 to help us reach our goal of \$40,000 in honour of our 40th Anniversary.

To register and pledge, visit:
www.peacearchhospice.org/hike
or call 604-531-7484.

Peace Arch Hospice Society

40th Anniversary

1982-2022

Family Friendly | Dog Friendly | Draw Prizes | Hot Dogs | Photobooth | Music & More

Title Sponsor

Every Detail Remembered™

Dignity
MEMORIAL

VICTORY MEMORIAL PARK FUNERAL CENTRE

A Division of Service Corporation International (Columbus, OH)

Gold Sponsors



RE/MAX
Colonial Pacific
Each Office Independently Owned And Operated

West Coast Gardens

Bronze Sponsors



Community Sponsors



CHARTERED PROFESSIONAL
ACCOUNTANTS



We are still looking for draw prizes! If you are interested in donating a gift basket, gift card, etc., please contact Emiko at emi@pahospicesociety.org or call 604-531-7484.

Peace Arch Hospice Society Thrift Store



Thank you to our amazing customers and volunteers for making our 14th Anniversary Sale last month such a success! We are always blown away with the continued support we receive from our community.

We can't believe it's been 14 years since our Thrift Store opened. This milestone would not have been possible without our dedicated customers, generous donors, and hard working volunteers and staff. Thank you to each and every one of them.

By supporting our Thrift Store, you help Peace Arch Hospice Society to be able to offer our professional programs and services, *free of charge*, to the South Surrey and White Rock community.

We have an upcoming Jewelry Donation Drive from March 21 - April 2, 2022. See the ad to the left for all the details if you're interested in supporting and donating.

Store Hours

Mon to Sat: 10am-4pm
Sun: Closed

Donation Hours

Mon to Sat: 10am-3pm
Sun: Closed

604-538-7600

thriftstore@pahospicesociety.org

Follow Us!



Facebook:

Peace Arch Hospice Society Thrift Store



Instagram:

@pahospicesocietythriftstore

Take a look back at memories from our Thrift Store.



Looking for a fun place to volunteer that also allows you to give back to your community? Then our Thrift Store could be the right fit for you! Call 604-538-7600 or email thriftstore@pahospicesociety.org for more information.

Slow-Cooker Chicken Thighs

Ingredients:

1 tbsp extra-virgin olive oil
6 bone-in or boneless chicken thighs
Kosher salt
Freshly ground black pepper
1/2 cup low-sodium soy sauce
1/2 cup ketchup
1/4 cup honey
3 cloves garlic, minced
2 tsp freshly minced ginger
2 tbsp Sriracha
Juice of 1 lime
Cooked rice, for serving



Directions:

1. In a large skillet over medium-high heat, heat oil. Season chicken thighs with salt and pepper and sear until golden, 3 minutes per side. Transfer to slow cooker.
2. In a small bowl, whisk together soy sauce, ketchup, honey, garlic, ginger, Sriracha, and lime juice. Pour sauce over chicken and toss until coated.
3. Cover and cook on low for 5 to 6 hours, or on high for 2 hours, until no longer pink.
4. Serve over rice.

<https://www.delish.com/cooking/recipe-ideas/recipes/a54982/easy-slow-cooker-chicken-thighs-recipe/>

Key Lime Pie

Ingredients:

FOR THE CRUST

1½ cups finely crushed graham cracker crumbs, from about 12 whole graham crackers
⅓ cup packed light brown sugar
4 tablespoons unsalted butter, melted

FOR THE FILLING

Two 14-oz cans sweetened condensed milk
1 cup plain Greek yogurt (2% or whole milk)
1 tablespoon grated lime zest
¾ cup fresh lime juice

FOR THE TOPPING

1 cup cold heavy cream
2 tablespoons confectioners' sugar
1 teaspoon grated lime zest
8 to 10 thin lime slices



Directions:

<https://www.onceuponachef.com/recipes/key-lime-pie.html>

FOR THE CRUST

Preheat oven to 375 °F and set an oven rack in the middle position.

In a medium bowl, combine the graham cracker crumbs, brown sugar, and melted butter; stir with a fork first, and then your hands until the mixture is well combined. Using your fingers and the bottom of a glass or dry measuring cup, press the crumbs firmly into the bottom and up the sides of a 9 x 1.5-inch pie pan. The crust should be about ¼-inch thick. (Tip: do the sides first.)

Bake for 10 minutes, until just slightly browned. Let the crust cool on a wire rack.

FOR THE FILLING

Lower the oven temperature to 350°F.

In a large bowl, whisk together the sweetened condensed milk, yogurt, lime zest, and lime juice. Pour the thick mixture into the warm graham cracker crust. Bake for 15 minutes, until the filling is almost set; it should wobble a bit. Let cool at room temperature for 30 minutes, then place in the refrigerator to chill thoroughly, about 3 hours.

FOR THE TOPPING

In the bowl of an electric mixer, beat the heavy cream until soft peaks form. Add the confectioners' sugar and beat until medium peaks form. Top the pie with the whipped cream. Decorate with the lime zest and lime slices. Store the pie in the refrigerator until ready to serve. Slice the pie into wedges, wiping your knife clean between slices, and serve cold.

Welcome to our New Staff!



Kristy MacKinnon
Coordinator of Volunteers

Kristy joined Peace Arch Hospice Society on February 28th, 2022. Her background consists of Sales Manager, Construction Management, High School Receptionist at Southridge School, and most recently as a Repairs & Maintenance Coordinator for Save on Foods. The knowledge and experience that she has gained over the years has made this position the perfect fit for her.

She is very grateful to be part of this amazing community of like-minded, passionate people who give back to our community.

On a personal side, Kristy and her husband, Merv, live in South Surrey and enjoy hiking, boating, golf, and yoga. They love spending time with family and friends, including their three adult children, Hayden, Josh and Keaton.



Shauna Blundell
Thrift Store Supervisor

Shauna's love for thrifting and passion for providing great customer service brought her to our Thrift Store. "I'm customer service down to my core, tried other avenues but I always come back", says Shauna. She loves fun and laughter, which she has found in abundance at our Thrift Store alongside her amazing co-workers. As a music lover, going into work everyday has been a pleasure for her because they listen to the best "oldies".

Along with the thrifting aspect, Shauna was also drawn to our Thrift Store because her Mother passed away 5 years ago in a Hospice and it makes her heart sing knowing that all funds raised at the Store goes towards our Hospice Society to help provide the care, love, and nurturing like her Mother received to others in our community.

Shauna is a Newfoundlander who was accidentally born in Ontario. She is a 43 year old Mom to a 20 month old Pitweiler, 2 cats and a fish. Shauna is a bibliophile who enjoys cross stitch and knitting, and is generally found with multi-coloured hair and a different pair of glasses for every occasion.



Tracey McCormack
Intake Supervisor

Tracey has had a great deal of experience in the non-profit field. She is very community-minded and has volunteered in her own community in a variety of ways including coaching soccer for 15 years, being PAC President, on the board for Tour de Delta, and more.

Tracey has always had a heart for Hospice and volunteering. "Hospice is such a good cause for families to be able to benefit from", says Tracey. She knows the importance of our organization and loves how the Hospice Residence feels like home for individuals in their final days.

She is married and has a son and daughter who they raised in Delta, and cherishes every moment she gets to spend with them. Tracey is an animal lover, so she has fostered dogs over the years, and currently has a rescue named Joey. When she's not at work you can find her in her garden, walking Joey, reading a good book, or cheering on the Whitecaps and BC Lions.



William Xie
Financial Administrator

William started his role as Financial Administrator on March 1st, 2022. Before joining Peace Arch Hospice Society, he worked for several manufacturers in the Fraser Valley for more than 11 years as a CPA CGA. Before immigrating to Canada in 2007, he worked for 2 banks in China for more than 17 years.

"I think hospice care is important to our community, and I am impressed by the fact that the 40 year old Peace Arch Hospice Society has been helping a lot of people who need compassion, support, and care. I am happy that I can contribute my share to build a more beautiful world with my colleagues", says William.

William currently lives in Fraser Heights with his wife and 16 year old daughter. Outside of work, he enjoys reading, playing soccer, hiking, cooking, and participating in their church's events.

Please join us in giving our new staff a warm welcome to our organization!

Volunteers are the Heart of Hospice



Volunteer Service Awards

40 Years:

Teresa Hotell

35 Years:

Joanne Hart

30 Years:

Sharon Darlington
Jean Walker

28 Years:

Nancy Christy
Betty Legge

27 Years:

Stanley Fryer
Diana Post

26 Years:

Kathleen Tubbs

25 Years:

Doreen Bruce

24 Years:

Sharon Clayton

23 Years:

Jane Bellringer
Linda Gronert

22 Years:

Margaret Terpstra

21 Years:

Coreen Brost

20 Years:

Lee Beliveau
Dorothy Blandford
Elizabeth Brear

15 Years:

Lee Cooper

10 Years:

Barbara Carmichael

10 Years:

Margaret Edna Dunn
Diane Elmer
Susan Faester
Joan MacKenzie
Smita Shah
Gaiety Simpson
Donna Tratch
Monica Zurowski

5 Years:

Jewel Tunnicliffe
Ante Sikic
Joyce Robb
Doreen Rennick
Nina Mudry
Marjorie Mooney
Cheri Monteith
Lynn Mackenzie

5 Years:

Marie Mabie
Dennis Lypka
Jill Inglis
Ann Harvey
Claire Hancock
Hayley Grant
Susan Fox
Nancy DeVink
Liz Cowley
Holly Cameron
Nathan Alderson

3 Years:

Jacie Adamack
Lynda Apolzer
Maryanne Balzer
Gerrie Bateman
Annette Bell
Joan Bellefleur

3 Years:

Kathy Berringer
Lenore Blas
Ron Bowman
Amanda Branscombe
Diana Carlisle
Vicky Chen
Braeden Curry
Parker Diggie
Connie Dominy
Nancy Hirschhorn
Lynne Hutton
Pierre Imlay
Cheryl Kendrick
Joyce Kipp
Pat Koehn
Lynn Koyzan
Yasmine Lallani
Lynda Langan
Sandra Leroux

3 Years:

Jane MacKinnon
Dana McKinney
Elena McKinnon
Laura Morgan
Sherrie Morrison
Maria Olding
Anne Ousey
Joy Parker
Phil Rantucci
Tammy Ritchie
Mia Sampert
Jo Shutek
Cheyanne Smith
Pamela Stadnyk
Marnie Taylor
Haolin Tian
Inge Van Lankveld
Karel Vanturennot
Christine Wilson

Volunteer Spotlight

Hélène Cameron



What brought you to Peace Arch Hospice Society?

In 2007, I had been doing most of my volunteer work in Vancouver and I came to the realization that it might be time to make more of a contribution to my own community. I saw a tiny ad in the local paper seeking volunteers for the Hospice Society Board, with a special interest in policy and governance issues. It felt like a great fit. Like many people, I'd lost a family member, my mother, and her passing would have been greatly eased by the support of Hospice services. I was hooked. While on the Board, I took Level 1 and then Level 2 training. I elected to volunteer in the areas of Children's Grief and Vigils. I've continued to do so to this day, years after stepping down from the Board.

What has kept you engaged in volunteering?

I sit vigils because I believe no one should be alone when they are about to die. Many older people have no family nearby, or their family is worn out and needs a hand. That is something I can do to lighten their load.

The Children's Grief Team is wonderful. So many talented and committed volunteers and a superb leadership. What a privilege to work with these people. And so gratifying to see children metamorphose over the two-day grief camps: they come in feeling alone, isolated, perhaps hesitant... and through activities, talk, play, and lots of fun, they discover that others are in the same boat, that what they are experiencing is normal, and they learn ways of coping. The camps, the workshops, the play-acting are great outlets for adults who like to play and create while offering an opportunity to do so something that changes the lives of the younger generation who are the future.



Can you share a meaningful experience?

I was called in to a daytime vigil, out of the blue. The person dying was in her early 70s, she was comatose, and her son-in-law was sharing a recording with her when I walked in. He began to tell stories about her, how mischievous she was, what a good sense of humour she had. Eventually, I was holding her hand as the staff and volunteers made appearances and shared more stories. We were laughing until tears ran down our cheeks. And at every outburst, the object of the anecdotes responded – she heard us, she was sharing in the laughter. It was very moving. And evidence that the last sense to go is hearing...

Interested in Volunteering?



Whether volunteering directly with clients, helping out at the office, assisting at events, or volunteering at our Thrift Store, Peace Arch Hospice Society volunteers are at the heart of everything we do. Our volunteers provide an invaluable service to our community. Become a volunteer for our Society and discover a special kind of joy that comes from helping those in a time of need.

If you are interested in volunteering, please contact our Coordinator of Volunteers at **604-531-7484** or email cov@pahospicesociety.org.

Did You Know?



From January to February 2022:

- Our Counsellors saw 101 Clients of which 29 were new.
- Our Counsellors held 188 individual counselling sessions.
- 109 Clients attended our Group Programs.
- Our organization served 88 individuals through Community Education & Outreach opportunities.
- Our Supportive Care Centre answered 674 phone calls during office hours.

***Please note that this is only a partial list of our programs & services.*



*Tea Service at
Melville Hospice Home*



*One of our counselling rooms
at our Supportive Care Centre*

In Memoriam

Peace Arch Hospice Society recognizes the loss of the following people and is grateful for the contributions that were made in their memory. January 1, 2022 - February 28, 2022.

- | | |
|-----------------------------|---------------------|
| • Jeff Boucher | • Dorothy Parke |
| • Peter Franchi | • Patricia Rowlands |
| • Colleen & Brendon Hopwood | • Janet Rushinko |
| • Elisabeth Koehler | • Augustin Song |
| • Mae | |

***Always loved,
forever missed,
never forgotten.***

In Loving Memory

*Those we love don't go away,
They walk beside us
every day.*

*Unseen, unheard,
but always near.*

*Still loved, still missed,
and very dear.*

~~~~~

Special Thanks to our Legacy Circle & Hearts for Hospice Supporters

A special thank you to our Legacy Circle:

- Scott Baldwin
- Ron Bowman
- Doreen Bruce
- Barbara Carmichael
- Jackie Crux
- Robert Flowers
- Gordon Hogg
- Candy Ogden
- Tammy Ritchie
- Jean Walker

Our Legacy Circle is a group of special supporters who have left Peace Arch Hospice Society in their will. To notify us about a gift in your will to our organization or if you have any questions about our Legacy Circle, please contact Amanda McNally at **604-531-7484 ext. 106** or visit www.peacearchhospice.org/legacy-circle.

A special thank you to our Hearts for Hospice Monthly Donors:

- Leslie & Sheelagh Bennett
- Dorothy Blandford
- Liz Brear
- Doreen Bruce
- Ronald Budworth
- Diana Carlisle
- Barbara Carmichael
- Dave Chesney
- Jackie Crux
- Jean Dutton
- Lorne Ebenal
- Bonita Findlay
- Stanley Fryer
- Brenda Harrison
- Eleanor Holton
- Teresa Hotell
- Brian Hoven
- Joan Hunter
- Paulette & Robert Keith
- Beth Kish
- Deirdre Lane
- Sharilyn Lindsay
- Kathy McIntyre
- Susan McLellan
- Amanda McNally
- Marjorie Mooney
- Joyce Poley
- Joanne Post
- Marge Ramos
- Erica Ritchie
- Tammy Ritchie
- Randall Shaw
- Karel Vanturenout

For more information about **Hearts for Hospice** and our **Legacy Circle**, visit www.peacearchhospice.org/ways-to-donate

Thank You to our Donors

*We would like to thank the following **individuals, organizations, companies, and foundations** who have generously made donations from January 1, 2022 - February 28, 2022 to help support people in our community as they face terminal illness or bereavement. **Together we can make a difference.***

- Anglican Church Women of St. Marks
- Kelly Aquila
- Leslie & Sheelagh Bennett
- Dorothy Blandford
- Elizabeth Brear
- Doreen Bruce
- Ronald Budworth
- Diana Carlisle
- Barbara Carmichael
- David Chesney
- Coast Capital Savings Credit Union
- Helen Coleman
- Jacqueline (Jackie) Crux
- Norma Dacre
- Jean Dutton
- Lorne Ebenal
- Elkay Developments Ltd.
- Bonita Findlay
- Stanley Fryer
- Brenda Harrison
- Eleanor Holton
- Homelife Benchmark Realty Corp: Randy Cooper
- Teresa Hotell
- Brian Hoven
- Annie Huang
- Joan Hunter
- Paulette & Robert Keith
- Beth Kish
- Manfred Koehler
- Kathleen Lane
- Sharilyn Lindsay
- M. Rae Malcolm
- Rajeev Mangla
- Jill Martyniuk
- Andrea McCorkell
- Kathy McIntyre
- Susan McLellan
- Amanda McNally
- Kevin McPhail
- Jacqueline Mollard
- Marjorie Mooney
- Kim Neufeld
- Tara Pedersen
- Maria Perry-Whittingham
- Barbara Pinkiewicz
- Joyce Poley
- Joanne Post
- Rick Post
- Prospera Credit Union - White Rock Branch
- Margaret Ramos
- Erica Ritchie
- Tamra Jaye Ritchie
- Monica Rogers
- Peter Rowlands
- Kylie Schlecker
- Randall Shaw
- Maribeth Stavness
- Kenneth Swansburg
- Tri City Capital Corp
- Karel Vanturenout
- Delle Vaughan
- Victory Memorial Park Funeral Centre
- Edith Weaver
- Lynda Weaver
- David Webb
- White Rock/Surrey ULock Mini Storage
- Ike & Millie Yano
- Tom Yipp

For secure, online donations visit www.peacearchhospice.org/donate-online

Peace Arch Hospice Society
Leave a gift in your will.

***Create a lasting
 impact in our
 community.***



A Gift for the Future

When you include Peace Arch Hospice Society in your will,
 you leave a legacy that will help provide compassionate
 care and support to those who are dying or grieving the
 loss of a loved one for generations to come.

For more information please call our
 Executive Director at 604-531-7484 or visit
www.peacearchhospice.org/legacy-circle

15435 - 16A Avenue
 Surrey, BC V4A 1T2



Peace Arch Hospice Society...a special kind of caring

Spring 2022

15435—16A Avenue, South Surrey, BC V4A 1T2 Ph: 604-531-7484 www.peacearchhospice.org

Name (please print): _____

Street Address: _____

City/Prov: _____ Postal Code: _____

Email Address: _____ Phone #: _____

Please accept my **one-time** donation of \$ _____ OR Please accept my **monthly** donation of \$ _____

I would like to receive my tax receipt via: ☐ Email ☐ Mail

For other communications like the quarterly newsletter, I would like to be contacted via: ☐ Email ☐ Mail

☐ YES, include additional \$20 to become a member/renew my membership of Peace Arch Hospice Society (valid Jan 1—Dec 31)

☐ My donation is in memory of _____

Please send notification of my memorial gift to (no \$ amount will be included in the acknowledgement)

Name: _____

Address: _____

City/Prov: _____ Postal Code: _____

CHEQUE ☐ CASH ☐ VISA ☐ MASTERCARD ☐ #: _____ / _____ / _____ / _____

Expiry Date: ____/____/____ Card Validation Digits: _____

Name on card (please print): _____ Signature: _____

Registered Charitable #: 11929 7513 RR0001

Tax receipts will be issued for memberships/donations of \$20.00 or more.

For secure, online donations visit www.peacearchhospice.org/donate-online