

Peace Arch Hospice Society Annual Report 2020–2021



Peace Arch Hospice Society ...a special kind of caring



"I believe that the work of the Hospice Society is essential in people's lives.

We have once to live and once to die. Most people are not prepared to die. Hospice helps people prepare."

- Stan Fryer, PAHS Volunteer

Mission, Vision & Values

Our Mission

A Volunteer-based organization that is dedicated to supporting all who are facing the end-of-life journey, and that is committed to educating the community on dying and grieving.

Our Vision

Creating a caring community that values quality living & dying.



Our Values



Peace Arch Hospice Society

Who We Are

Peace Arch Hospice Society is a volunteer-based organization that is dedicated to supporting all who are facing the end-of-life journey, and that is committed to educating the community on dying and grieving. Our Society provides programs and services free of charge to individuals, their family and friends, who are facing advanced illness or bereavement. We also offer much-needed support and resources to caregivers, Hospice volunteers, and school and community organizations.

We provide professional palliative and grief support for all ages including children, teens, adults and seniors through our various programs and services listed below.



* These photos were taken before COVID-19 mask mandates*

Programs & Services

Palliative:

- Individual and/or Family Counselling
- One to One Support
- Hospice Residence Visiting
- Tea Service*
- Relaxation Sessions
- Pet Visitation (Friends with Fur)
- Vigil Service*

*These programs are currently offered via Zoom or are on hold due to COVID-19.

Bereavement (Grief):

- Adult Grief Group
- Bereavement Walking Group
- Children's Grief Support Camp (Friends Helping Friends)
- Drop-In Grief Support Groups (Adult, Men's, Young Adult)
- Individual and/or Family Counselling
- Mindfulness Meditation for Clients
- Mindfulness Meditation for Clients Drop-In*
- One to One Grief Support
- Relaxation Sessions

"Now, it's my turn to thank you for the amazing care and compassion you gave my husband in his last days, followed up by the concern and guidance I received, which was the lifeline in getting me through those dark days. I had no family or support system, but you gave me one. I am ever grateful."



"Peace Arch Hospice Supportive Care has been such a huge part of our lives for so long for us all. Even though we can't go into the actual building because of this current health crisis, it was comforting to feel like we were still a part of it. We have this layer of grief that we are dealing with, and now on top of this is physical home isolation, which is a great loss of so many things like the our other PAHS programs, and the closure/cancellation of fitness clubs, community classes, libraries, store services, theatres and even banks. Looking forward to connecting with you and our online group again. After all, it's now the absolute highlight event of my week!"

Board of Directors



(Left to Right) Jayne Pattison, *President;* Dennis Lypka, *Vice President;* Brenda Harrison, *Treasurer;* Marjorie Mooney, *Secretary;* Diana Carlisle, *Director;* Kathy McIntyre, *Director;* Tammy Ritchie, *Director;* Brian Sullivan, *Director*

President's Report



Welcome. Thank you for being here this afternoon/evening. The heart of hospice was ever present this year all around. The generosity of you, our donors, the community, and our volunteers, were incredible. As we head into our emergence from the past year and a half of this pandemic, I would really like to acknowledge the tenacity and the dedication of our wonderful volunteers; the compassionate people, at the very heart of Hospice; whom were more than willing to keep on doing the most valuable work. And giving they do. Thank you to all the volunteers for putting yourselves out there during

this troubling and potentially unsafe time. The fact that the thrift store was still able to operate, and (operate successfully they did), has allowed the continued financial success of the Peace Arch Hospice Society. Our volunteers have allowed our community to flourish and continue, and to provide support and services to individuals in great need. Thank you for that.

Amanda deserves huge accolades all around, with the task of onboarding as the Society's Executive Director during these uncertain times and has flourished in her transition. It cannot be easy to take over a helm during a time of social distancing, mask wearing and isolation. She has done so with much grace and creativity and thinking outside the box, as well as working hard getting to know the Society's staff, volunteers, board and our donors. The board acknowledges Amanda's hard work and success in leading Peace Arch Hospice Society throughout this past year and are so pleased with her and her team's achievements.

We look forward (as we know Amanda does; we all do) in coming back together at events in the community and a resuming of normalcy. Thank you to Amanda's team for their dedication and commitment to their roles and all they bring to our community as well.

I must also thank our donors for their continued support in this past year as well. Our donors have been amazingly generous to the Society but especially in times like these. So a huge THANK YOU!

I thank our Board of Directors for their valuable contributions and their time serving the Society; you are all very much valued: Dennis, Marjorie, Kathy, Brenda, Diana, Tammy & Brian. Thank you. And a very warm welcome to our three new board members, Tracy, Alison & Harry. We look forward to the coming year.



Thank you, Jayne Pattison President, PAHS

Executive Director's Report



I'd like to start by sharing my deepest appreciation and thanks for the warm welcome and encouragement that I've received since starting with the Society last October. I have had the pleasure of meeting many of you, albeit while masked, via zoom or over the phone.

It has been an unusual year to say the least. It is often said that it is when you are out of your comfort zone that the magic happens. I'd say many of us have been out of our comfort zone this year and for our Society, the magic has appeared in the form of resilience seen in our staff, volunteers, and our community. We have undoubtedly faced much adversity, but we have also

witnessed generosity, compassion, and determination that is second to none. You supported us when we reopened our Thrift Store, when we had to cancel events and when we had to get creative with the programs and services we could offer. Behind every one of our decisions made this year has been, *"What can we do to ensure we continue to offer our services and how do we do it safely?"* The health and safety of our staff, volunteers and community has been at the heart of each decision made.

I continue to be humbled by our dedicated and passionate volunteers, donors, and supporters both here at the Supportive Care Centre and at our Thrift Store. It is because of each of you that our Society continues to be able to support our community and offer our professional services free of charge. The pandemic has placed a spotlight on the need for our services and we know that there will be work to be done as we come out the other side. The impacts of COVID19 are countless and complicated. Thanks to you, Peace Arch Hospice Society remains here for our community.

I'd like to thank our incomparable Staff and our Board of Directors for their passion, talents, and dedication for the work we do. This strong team has a shared vision and commitment to our community, and I am honoured to work alongside them and be inspired every day.

A quote that has resonated with me this year is this:

"Life doesn't get easier or more forgiving, we get stronger and more resilient." — **Steve Maraboli from Life, the Truth, and Being Free**

Peace Arch Hospice Society exists to support our community, and our community has stood by us through this pandemic. In a time when we have been asked to stay apart, we've found a way to remain committed and connected. Together, we've been resilient. And for that, I am grateful.



Thank you, Amanda McNally Executive Director



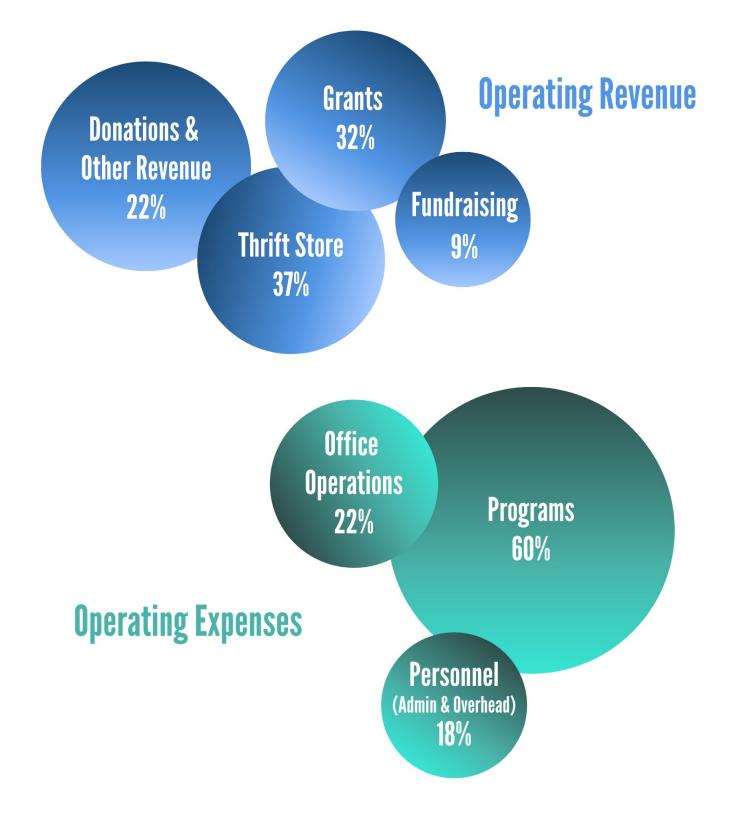
Supportive Care Centre Staff:

- Amanda McNally, Executive Director
- Emiko Angus, Communications and Fund Development Coordinator
- Trevor Josephson, Manager of Clinical Services, Counsellor
- Amanda Myring, Counsellor
- Marge Ramos, Financial & HR Administrator
- Tracy Reid, Coordinator of Volunteers
- Theresa Robson, Administrative Assistant
- Jan Stadnyk, Director of Administration

Thrift Store Staff:

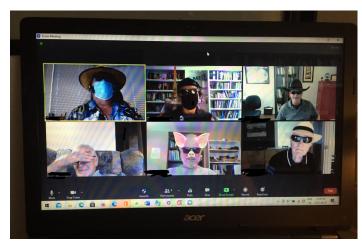
Alannah Klassen, Thrift Store Manager Lindsay Barck, *Thrift Store Supervisor* Joan Hunter, *Thrift Store Supervisor* Astrid Obersat, *Thrift Store Supervisor* Salwa Shami, *Thrift Store Supervisor*

Financial Summary



Year in Review







Peace Arch Hospice Society 2020-2021 Fiscal Year Statistics

Counselling Our Registered Clinical Counsellors saw 498 Adult Clients and 52 Children Clients for a total of 929 sessions.



Children's Grief Support Camp

6 Children attended our one (2-day) Children's Grief Support Camp.



Grief Support Groups

In total, our various grief support groups had 689 attendees.



Community Outreach

Our organization touched the lives of 208 individuals in our community through educational support.



Reception Our volunteer receptionists answered 2,089 telephone calls at our Supportive Care Centre.



Strategic Planning 2020–2023

Strategic Initiative #1 With the support and involvement of Volunteers and Staff, develop and deliver innovative programs, recognizing the changing hospice needs of our Community.

Strategic Initiative #2 Manage finances to ensure longterm financial sustainability for the continued provision of services free of charge.

Strategic Initiative #3 Strengthen and continue to build partnerships and enduring relationships.

Volunteers

Peace Arch Hospice Society

Volunteers are the Heart of Hospice

We could not offer our programs and services free of charge to the community without the help of our compassionate volunteers.

CHILDREN'S CAMP

Our Children's Grief Support Camp Team contributed 112 hours to our camp in October 2020.

CLIENTS SERVED

Our volunteers touched the lives of 165 clients in our community through 1-1 support sessions.

CLIENT & AUXILIARY VOLUNTEERS

138 Client and Auxiliary Volunteers contributed 2759.25 hours to our Programs and Services.

RECEPTION

Volunteers contributed 1,072 hours at our Supportive Care Centre greeting our clients, answering the telephone, setting up rooms for programs, and more.

EVENTS

Our volunteers contributed 477.5 hours to our Celebrate a Life event. Hike for Hospice and Hospice Hoedown were cancelled due to COVID-19.

THRIFT STORE VOLUNTEERS

115 Thrift Store Volunteers contributed 15,383 hours in supporting our Programs and Services.









Thank You

We could not do the work we do without your generous support!

Hearts for Hospice Monthly Donors

Leslie & Sheelagh Bennett Dorothy Blandford Doreen Bruce Ronald Budworth Diana Carlisle Barbara Carmichael David Chesney Jackie Crux Jean Dutton Lorne Ebenal Bonita Findlay Stan Fryer Brenda Harrison Eleanor Holton

The professional palliative and grief support programs and services we provide to our community are possible thanks to the continued and generous support we receive from our donors. **April 1st, 2020—March 31st 2021**

> Teresa Hotell Brian Hoven Paulette & Robert Keith Beth Kish Kathleen Lane Sharilyn Lindsay Kathy McIntyre

Amanda McNally Marjorie Mooney Joyce Poley Joanne Post Tammy Ritchie Randall Shaw Karel Vanturennout

Angels are messengers and ambassadors of the important work we do - \$2,500 and up

The Block Charitable Foundation Laura Block Butterley Family Fdn. Inc. Coast Capital Savings Credit Union - Head Office The Debra Nedelak Memorial Fund

Fran Havinga Holiday Home Tour for Hope Sharilyn Lindsay Mitchell Press Order of St. John Palliative Care Foundation The Estate of John Page Peace Arch Hospital & Comm. Health Foundation Rotary Club of Semiahmoo (White Rock) #26587 Saint Mary's Health Foundation of New West Richard von Hehn Werner & Helga Hoing Foundation Western Communities Foundation White Rock ULock Mini Storage Sweelian Young

Doves are symbolic carriers of peace, hope and compassion—\$1,000-\$2,499

Align Construction Ltd. Edward Brignall CFUW White Rock Surrey Club BC City of Surrey City of White Rock Margaret Cowley Elkay Developments Ltd Fresh Direct Produce Freshpoint Elaine Godwin Doris Holloway

Homelife Benchmark Realty Corp: Tyson Angus & Mike Grahame Prec Krown Imports Mail O Matic Marianela Martinez Metro Vancouver Real Estate Guide Irene Michaluk The Military & Hospitalier Order of St. Lazarus of Jerusalem in Canada Brian Murtsell Sylvia Palmer Phillip Crocker Photography Rick Post The Produce Terminal Diane Quan Remax Colonial Pacific Realty Ltd. Bill & Diane Ridge Tammy Ritchie Shelia Sampson Dorothee Schenk Splashes Wash Lodge Inc. Ken & Catherine Sully SurreyCares Community Foundation TD Bank Financial Group Tibor Tusnady Van Whole Produce Florence Wall West Coast Gardens

Wings allow us to fly and reach beyond our expectations—\$500-\$999

Pat Bailey Keith Becker Eva Blaker Rose Block Doreen Bruce Diana Carlisle Barbara Carmichael Dave Chesney Bonnie de Koning DMCLChartered Professional Accountants Lorne Ebenal Anne Ferris First West Foundation Linda Gronert Geoffrey Gudewill Robin Harper Robert Hassan L. Doreen Hoath Teresa Hotell Joan Hunter Rita Johnson Charles King Beth Kish Duane Lefebvre Ranjeev Mangla Heidi Martel Hugh McMillan Amanda McNally Michael Meeks Greg Miller Joyce Poley Mary Pushie Ryder Creek Projects Ltd. Heather Sadoway Bonita Schoenberger Scotts Canada Ltd. David Swansburg Titan Innovations Inc. Tracey Valente White Rock Medical Associates Jill Wilchek Eunice (Mollie) Williams Kim Williams Marilyn Wittchen Lynn Woodcock

Thank You

We could not do the work we do without your generous support!

The professional palliative and grief support programs and services we provide to our community are possible thanks to the continued and generous support we receive from our donors. April 1st, 2020—March 31st 2021

Hearts are symbols of caring, healing and love—\$250-\$499

Jane Bellringer Leslie & Sheelagh Bennett William Blair Elizabeth Brear **Carole Brost** Marilyn Bryson CANNEPP Boiler Room Technologies Ltd. Vicki Chatterley Janet Compton Jacqueline (Jackie) Crux Jeremy Cutler William Dewinetz

Dennie Eng **Dorothy Filsinger Bonita Findlay Stanley Fryer** Heather & Tony Gamble-Boyce **Claire Gould** Jaqueline Gresko Keith Hanson **Corinne Holowaychuk Eleanor Holton** Brian Hoven Daniel Ilich Joy Kirkwood

Sandra Knights **Knights of Columbus** Council #4767 Deirdre Lane Genvieve Loslier Donna Lucas Liz Maniquet Kathy McIntyre Shiraz Mohamed Kathy Molnar Marjorie Mooney Gary & Linda Nedelak Joyce Ness Pearl Nodwell

Jill Phillips John Regan **Monica Rogers** Pat Rudl **Dennis Smith Maribeth Stavness** Deb Terry The Estate of Aklaida Telder Laura Thibeault Tweet Shoppe & Vintage Rentals Karel Vanturennout Wild River Forest Products

Hands help make light work of heavy burdens—\$1-\$249

Due to the high numbers of 'Hands Donors', we are unable to include them all in our Annual Report. We thank you for choosing Peace Arch Hospice Society as the recipient of your generosity and kindness.



Grant from Western Communities Foundation (Selected by Western Coast Insurance Services)



Donation from the Debra Nedelak Memorial Fund (Fund created by Jody & Jim Nedelak)



Legacy Gift from the Estate of John Page



Donation of reusable face masks from "Flatten the Curve Handmade Masks"