## Peace Arch Hospice Society

# ANNUAL REPORT 2019-2020





"Hospice matters. The end of life deserves as much beauty, care, and respect as the beginning."

Together we can create a community where no one dies alone, or is left alone with their grief.



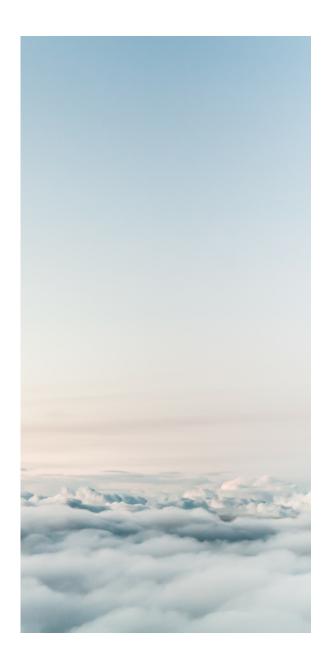
# ORGANIZATION PROFILE

## OUR VISION

Creating a caring community that values quality living and dying.

## OUR MISSION

A Volunteer-based organization that is dedicated to supporting all who are facing the end-of-life journey, and that is committed to educating the community on dying and grieving.



## **OUR VALUES**



Compassion



Dignity



Respect



**Inclusiveness** 



Integrity



Dedication



Teamwork

## WHO WE ARE



Peace Arch Hospice Society supports individuals, their family, and friends who are facing terminal illness or bereavement and educates the community on dying and grieving.

Dealing with loss, uncertainty, and change, as well as having to make decisions associated with a terminal illness, can be as difficult as the physical pain. We offer a safe place to express negative and other emotions without being judged. Our registered clinical counsellors and specially trained volunteers provide practical and emotional support to residents of White Rock and South Surrey.

## **PROGRAMS & SERVICES**

## Palliative:

- Individual and/or Family Counselling
- One to One Support
- Hospice Residence Visiting
- Tea Service
- Relaxation Sessions
- Pet Visitation -Friends with Fur
- Vigil Service

## Bereavement (Grief):

- Adult Grief Group
- Adult Grief Group Drop-In
- Bereavement Walking Group
- Children's Grief Support Camp
- Cooking Together
- Individual and/or Family Counselling
- Men's Grief Support Group Drop-In

## Bereavement (Grief):

- Mindfulness
   Meditation for Clients
- Mindfulness
   Meditation for Clients
   Drop-In
- One to One Grief Support
- Relaxation Sessions
- Young Adult Grief Group Drop-In

"You are wonderful people who helped Mom feel valued and us supported. All the chats and conversations helped a sad time feel okay. The tea service was an event Mom looked forward to. Thank you for being around when I needed you."

- Hospice Residence Testimonial

"I can't say thank you enough for all you are doing to help us on our journey right now! My son enjoyed camp so much and has learned so much from you. He was amazed when I explained that we don't pay for your services, and we both agreed that a donation was in order!"

- Grief Support Testimonial

"The support group was excellent! The collective wisdom of the group was vast and everyone was very kind and respectful of each other."

- Grief Group Testimonial

# **BOARD OF DIRECTORS**

## 2019 - 2020



















(Left to Right) Jayne Pattison, *President*; Dennis Lypka, *Vice President*; Brenda Harrison, *Treasurer*; Marjorie Mooney, *Secretary*; David Chesney, *Director*; Kathy McIntyre, *Director*; Aroon Shaw, *Director*; Diana Carlisle, *Director*; Tammy Ritchie, *Director* 

## PRESIDENT'S REPORT



Thank you and welcome to the Society's first ever, Zoom virtual AGM.

It's the mark of a great organization when they can rapidly adapt and do so successfully, which we feel the Society has done during these unprecedented times. Beth and her team of Staff and Volunteers have done exceptional work this year amongst the global pandemic. In March, they quickly formulated a plan when faced with closures and working from home. With the Thrift Store closed

temporarily and our two major fundraising events cancelled, the Society wasn't sure what would happen. We started the year in very healthy financial shape, so we were not hit too hard with the pandemic's rapture. Now that the Thrift Store is back operating again and the Supportive Care Centre Staff are back to work in-person, the Society is adapting to the new normal. While our two major fundraising events were cancelled, the Society is looking forward to hosting our annual Celebrate a Life event this December in Semiahmoo Shopping Centre.

The Board and I give tremendous thanks to Beth, the Staff and the Volunteers for their hard work. As President of the Board, I also would like to acknowledge the efforts of my fellow Board Members and the donating of their time and expertise to Peace Arch Hospice Society.

As you all may know, regretfully, we say goodbye to Beth soon as she embarks on new adventures. Beth has done a tremendous amount of work with the Society and within our community over the past six years, and is leaving us in a great position. Thank you Beth for all your hard work and dedication to the Society as Executive Director. We will always be grateful for your outstanding leadership and achievements at Peace Arch Hospice Society. We wish you well on your endeavours.

Thank you for your continued support. Thank you to the Membership, Donors, Volunteers, Staff Members and the Board of Directors.



# EXECUTIVE DIRECTOR'S REPORT



It has been one of the strangest years for the Hospice Society! Covid 19 has made us re-assess how and why we do things the way we do. It has made us change, bend, alter, and pivot how we are able to continue to help people at the end of life as well as support those who are left to grieve.

While our own personal lives were being turned upside down, it was easy to forget that there were still people suffering with terminal illnesses and there were still people grieving - and all of them still needed our help and support. Like so many people, it is an automatic reaction for me to reach out and hug someone that is going through a difficult time, but now this was not to be. Friends and families were no longer able to

grieve together and hold each other tightly. All our customary reactions and rituals were no longer appropriate.

As always, I am so proud of the staff and volunteers of the Peace Arch Hospice Society. When given the challenges of a pandemic, they said: "Let's figure out how we can help from 6 feet away."

They said, "We can still talk to people on the phone or on ZOOM."

They said, "Let's reach out to the community to say we are still here if you need us."

They said, "Our help is needed now more than ever, so let's figure out how we can do it."

#### They did not say, "Sorry, we are not available to help until they find a vaccine."

Our office closed for a short while along with our Thrift Store. The newness of the situation, along with health guidelines being created and established, insisted we do so. I am pleased to say we were one of the first Societies to make the necessary adjustments to get our Thrift Store open for business and our Supportive Care Centre opened for the continued support of our community.

There are many terrible things that happened and are still happening in this world because of the pandemic, but I believe that there will be many very good things that will come from it too. I know I am more grateful for my everyday life, my family, my home, my friends, my job, and my community.

As many of you already know I have decided to retire from my role as Executive Director of the Peace Arch Hospice Society. I do so with gratitude for the amazing journey hospice has been for me. I would never have decided to retire if the Society was not well positioned to make it through to the other side of this pandemic and to thrive into the future.

I would like to thank the current and past Board Members for their unwavering support. I want to thank all the Volunteers for their kind and giving hearts that make our work possible. I want to thank the Staff for facing all the challenges with me, along side me, and making me feel like we were in this together, supporting each other like a family. I also want to thank this wonderful community for listening as I shared the story of Hospice Care and then offering to support this amazing organization and important cause.

I am retiring from this Hospice adventure and I am not sure what the rest of my life will be like, however, I can tell you that it will be sweeter having had this wonderful opportunity to serve.



With gratitude, Beth Kish

#### **OUR STAFF:**

Executive Director - Beth Kish
Director of Administration - Jan Stadnyk
Manager of Clinical Services, Counsellor - Trevor
Josephson
Coordinator of Volunteers - Tricia Keith

Communications and Fund Development Coordinator - *Emiko Angus* 

ON CONTRACT:

Financial and HR Administrator - Marge Ramos

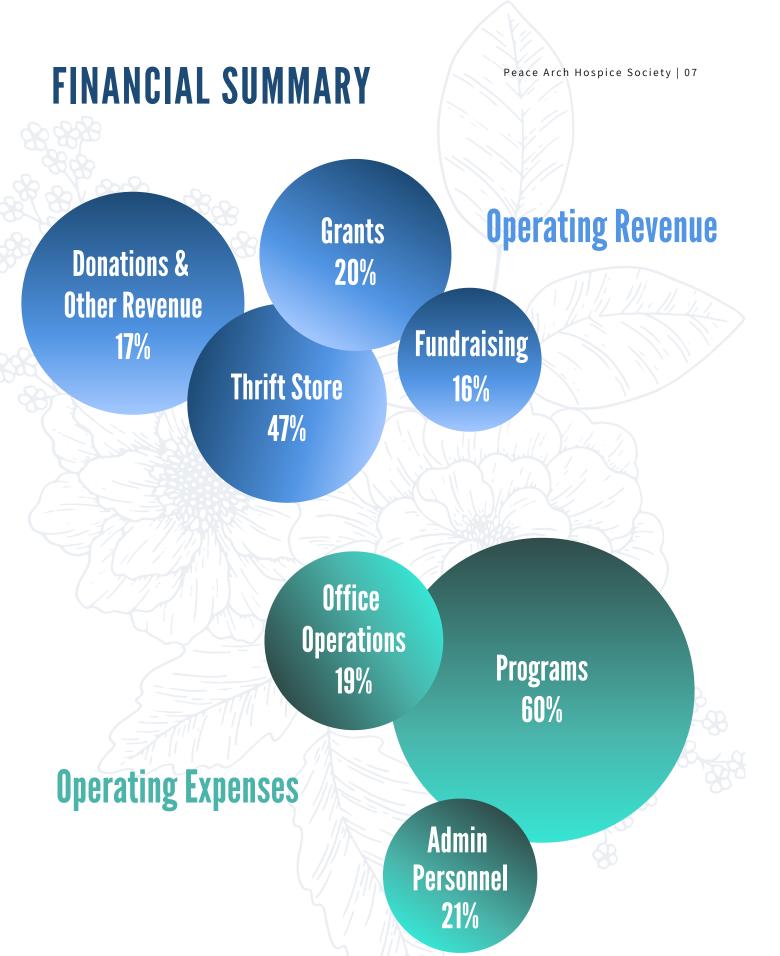
Thrift Store Manager - Kim Williams

Thrift Store Supervisor - Lindson Par

Thrift Store Supervisor - *Lindsay Barck* Thrift Store Supervisor - *Joan Hunter* 

Thrift Store Supervisor - Astrid Obersat

Thrift Store Supervisor - Salwa Shami



# YEAR IN REVIEW







Peace Arch Hospice Society

# 2019-2020 FISCAL YEAR STATISTICS

## **COUNSELLING**

Our Registered Clinical Counsellors saw 582 Adult Clients and 68 Children Clients for a total of 1.187 hours





## CHILDREN'S GRIEF SUPPORT CAMP

17 Children attended our 2 (2-day) Children's Grief Support Camps

## ADULT GRIEF SUPPORT GROUPS

170 adults attended our various grief support groups





## COMMUNITY OUTREACH

Our organization touched the lives of 713 individuals in our community through educational support

## **RECEPTION**

Our volunteer receptionists answered 2,993 telephone calls at our Supportive Care Centre.





# STRATEGIC PLANNING 2020-2023

## Strategic Initiative #1

With the support and involvement of Volunteers and Staff, develop and deliver innovative programs, recognizing the changing hospice needs of our Community

## Strategic Initiative #2

Manage finances to ensure long-term financial sustainability for the continued provision of services free of charge

## Strategic Initiative #3

Strengthen and continue to build partnerships and enduring relationships

## **OUR VOLUNTEERS**

**Peace Arch Hospice Society** 

# Volunteers are the Heart of Hospice

#### **CLIENT & AUXILIARY VOLUNTEERS**

234 Client and Auxiliary Volunteers contributed 9,160 hours to our Programs and Services.



#### THRIFT STORE VOLUNTEERS

187 Thrift Store Volunteers contributed 20,698 hours in supporting our Programs and Services.



#### **VIGILS**

Our Vigil Team contributed 1,728 hours to our Vigil Services. This included scheduling volunteers, checking the vigil line, and vigil sitting.



### **CLIENTS SERVED**

Our volunteers touched the lives of 270 clients in our community through 1-1 grief support sessions, vigils, relaxation, Grief Groups, and more.



#### **CHILDREN'S CAMP**

Our volunteers contributed 591 hours to run two Children's Grief Support Camps.



#### **EVENTS**

Our volunteers contributed 958 hours to our three annual events, Hike for Hospice, Hospice Hoedown and Celebrate a Life.













## THANK YOU

to our Community Service Groups & Foundations, Business Partners, "In-Kind" Donors, and Hearts for Hospice Monthly Donors.

#### **Community Service Groups & Foundations**

Anglican Church Women of St. Marks Arbor Memorial Foundation dba Valleyview Funeral Home & Cemetery The Benevity Community Impact Fund

Enterprise Holdings dba ERAC Canada

Foundation

Knights of Columbus Council #4767

Knights of Columbus Star of the Sea

Council 7015

Macular Degeneration Low Vision

**Support Group** 

**Private Giving Foundation** 

**Provincial Employees Community** 

Services Fund

Raymond James Canada Foundation

The Ritchie Foundation

Rotary Club of White Rock - Peace

Arch #22488

Royal Canadian Legion #008 Ladies

Auxiliary

St. Mark's Men's Club

Werner & Helga Hoing Foundation

White Rock Elks 431

#### **Community Business Partners**

360 Strong Fitness ATEC Installations Ltd

Bernie Scholz Personal Real Estate Corp British Group Realty Corporation - John Block

C&K Courtesy Cleaners Ltd.

CanadaHelps City of Surrey City of White Rock

Coast Capital Savings Credit Union

- Semiahmoo

Coldwell Banker Marquise Realty

**Comfort Keepers** 

David R. Greig Personal Law Group Desjardins Securite Financiere Dignity Memorial – Victory Memorial

Funeral Park

**DMCL Chartered Professional** 

Accountants

Dr. S N Mohamed Inc.

Dreyer Group

Jahenny Custom Builders K. De Jong Marketing Services KMB Investments Ltd.

Madison Five Fashion
Magical Dreams Foundation

Marjorie E. Mooney, Barrister & Solicitor

Mott Electric GP

Pacifica Retirement Residence PARC Retirement Living A Passion for Flowers

Peninsula Retirement Residence Prospera Credit Union – Ocean Point

Branch Right Tracks

Retirement Concepts
Elkay Developments Ltd.
Holiday Home Tour for Hope
Homelife Benchmark – Randy Cooper

Homelife Benchmark Realty Corp - Mike

Grahame & Tyson Angus Hugh & McKinnon Realty Ltd. Hunter Garden Center

**HWG Chartered Professional Accountants** 

Jackrabbit Technologies
Romancing the Home
Schill Insurance Brokers Ltd.
Sterling Home Staging
Sutton Premier
Sutton Realty

Takahashi Real Estate Group United Way of Greater Toronto Washington Avenue Grill

Weeks Insurance & Financial Services

Wenjade Holdings Inc.
West Coast Floral Growers
White Rock Medical Associates
White Rock/Surrey ULock Mini Storage

William (Bill) LaCoste CPA

### Community "In-Kind" Donors:

360 Strong Fitness Afghan Kitchen Jennifer Atkinson Backspin

BC Culinary Team Blue Frog Studios

Buchanan Printing & Signs C&K Courtesy Cleaners Casbah Day Spa Cobs South Pointe

Davids Tea Morgan Crossing

Donna's B&B Enterprise Rent-a-Car Christy Fox - Line Dancers Hugh & McKinnon Realty Larry Jurovich - Surrey Tennis Centre

Kintec Tara Kristian Duane Lefevbre

Trent Carroll & Jill Lomow Madison Five Fashions March Hare Band

Matt TV

Marjorie Mooney Nature's Fare Markets Panago Ocean Park Peace Arch News

Peace Portal Golf Course Penguin Meats

Tammy Ritchie

Romancing the Home Ronnie & Kathy Paterson

Kerrie Rossi Debi & Jay Rumley Seahorse Grill

Semiahmoo Shopping Centre Starbucks (Ocean Park)

Sweethearts Companionship & Concierge

Services Telus

The Shops at Morgan Crossing

Thrifty Foods
Cam & Denise White
White Rock Sun
White Rock Whalers

#### **Hearts for Hospice Monthly Donors**

Leslie & Sheelagh Bennett Dorothy Blandford Doreen Bruce Ronald Budworth Diana Carlisle Barbara Carmichael David Chesney Jackie Crux Jean Dutton Lorne Ebenal Bonita Findlay Stan Fryer Eleanor Holton

Teresa Hotell Brian Hoven Paulette & Robert Keith Beth Kish

Deirdre Lane

Sharilyn Lindsay Kathy McIntyre Joyce Poley Randall Shaw Karel Vanturennout



We could not do the work we do without your generous support!

The professional care and services we provide in our community are possible thanks to the continued and generous support we receive from our donors.

April 1st, 2019 - March 31st, 2020

### Angels are messengers and ambassadors of the important work we do - \$2,500 and up

British Group Realty Corporation City of Surrey

The Estate of Carol Mohitpour

Anne Ferris Fran Havinga Holiday Home Tour for Hope Hugh & McKinnon Realty Ltd. Sharilyn Lindsay

Magical Dreams Foundation Mott Electric GP

**PARC Retirement Living** The Ritchie Foundation Tammy Ritchie

Rotary Club of White Rock -Peace

Arch #22488

Jollean Shallard Richard von Hehn

Werner & Helga Hoing Foundation West Coast Floral Growers

White Rock/Surrey ULock Mini Storage

Sweelian Young

#### Doves are symbolic carriers of peace, hope and compassion - \$1,000-\$2,499

Lorena Angus Arbor Memorial Foundation dba Valleyview Funeral Home & Cemetery **Edward Brignall** Sandee Butterley CanadaHelps Diana Carlisle City of White Rock C & K Courtesy Cleaners Ltd Coast Capital Savings Credit Doris Holloway

Phillip Crocker Dignity Memorial – Victory Memorial Funeral Park Karen Ebenal Elkay Developments Ltd Enterprise Holdings dba **ERAC Canada Foundation** The Estate of Kathleen Fricker Elaine Godwin

Homelife Benchmark -Tyson Angus

Homelife Benchmark -Randy Cooper Hunter Garden Center Jahenny Custom Builders Duane Lefebvre Kathy McIntyre Marjorie E. Mooney, Barrister & Solicitor Mount Olive Lutheran

Church Peter Mueller Brian Murtsell

Ben Nuttall-Smith Pacifica Retirement Residence Sylvia Palmer A Passion for Flowers Prospera Credit Union -Ocean Point Branch Bill Ridge Samara Ripley Royal Canadian Legion #008 Florence Wall

Ladies Auxiliary Debi Rumley

Heather Sadoway Dorothee Schenk

Schill Insurance Brokers Ltd. Bonita Schoenberger Jerry & Joanne Stebner Ken & Catherine Sully TD Canada Trust United Church of Canada Anthony Wagemakers

White Rock Elks 431

## Wings allow us to fly and reach beyond our expectations - \$500-\$999

The Benevity Community Impact Fund Leanne Berry James Cambrey **Dreyer Group Mortgages** 

Union - Semiahmoo

Inc. Silvia Fassler Linda Gronert Joel Groves Isabel Hansen Island Café Beth Kish

KMB INvestments Ltd Knights of Columbus Council #4767

Chris Magnus Hugh McMillan Michael Meeks PayPal Giving Fund Canada Peninsula Retirement Residence Elizabeth Price **Private Giving Foundation** 

**Provincial Employees** Community Services Fund Diane Quan Romancing the Home **Hugh Rothe** Richard Schmid Tara Seeber

Maribeth Stavness Wenjade Holdings Inc White Rock Medical Associates John Wiebe Jill Wilchek Eunice (Mollie) Williams

## Hearts are symbols of caring, healing and love - \$250-\$499 Maureen Buchholz

David & Jane Bellringer Peter & Margaret Bendiksen Tracy Bernardi Bernie Scholz Personal Real Estate Corp Barry Bird **Gayle Boutilier** Judith Brandon Georgia Briggs Carole Brost Doreen Bruce

Marilyn Bryson

Lucinda Burfoot Stan Carter **DMCLChartered Professional Accountants** Dr. S N Mohamed Inc. Lorne Ebenal Brenda Eggen Dorothy Filsinger Bonita Findlay Robert Flowers Chris Formosa Victoria Gunther

Keith Hanson Robin Harper **Eleanor Holton** Homelife Benchmark - Carol Cluff Teresa Hotell Brian Hoven Hugh & McKinnon - Colleen O'Keefe Lori Ishikawa Nicole King Charles King Robert Kish

Sandra Knights Knights of Columbus Star of the Sea Council 7015 Madison Five Fashion Liz Maniquet Chris Mansfield Steve Marsden Leslie McQueen Maria Mura Joyce Ness Kathy Paterson Raymond James Canada Foundation

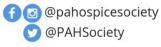
Reflex Supplements White Rock Pat Rudl Sigrid Singleton **Ronald Spencer** Deni Stewart St. Mark's Men's Club Sherrie Stockley Eric Tweedie Denise White Clark Woodland

## Hands help make light work of heavy burdens - \$1-\$249

Due to the high numbers of Hands Donors we are unable to include them in our Annual Report. We thank you for choosing Peace Arch Hospice Society as the recipient of your kindness.



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peacearchhospice.org 604-531-7484